

Gatehouse Centre

How do I contact Gatehouse Centre at The Royal Children's Hospital?

We care about you and will help you in your recovery in any way we can. You are always welcome to call us if you need to.

We can be contacted on:

- **(03) 9345 6391** (during business hours)
- **(03) 9345 5522** (after hours). Ask switchboard staff to page the on-call Gatehouse Centre worker

Where can I find more information?

Visit us at www.rch.org.au/gatehouse

www.secasakids.com.au has some good information and support for young people after sexual assault.

You can also contact:

Kids Helpline: **1800 551 800**

Lifeline: **131 114**

Gatehouse Centre

The Royal Children's Hospital Melbourne
50 Flemington Road Parkville
Victoria 3052 Australia
Telephone +61 3 9345 6391
www.rch.org.au/gatehouse

Crisis Care

Information for young people

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Crisis Care

What is Gatehouse Centre?

Gatehouse Centre at The Royal Children's Hospital is a Centre Against Sexual Assault (CASA) that provides counselling and crisis intervention services to children and young people who have been affected by sexual abuse.

In the case of very recent sexual assault, a child or young person may need to undergo a forensic medical examination. This examination is to make sure you are physically OK, and also so the doctor can collect evidence that will become part of the police investigation.

It is important that young people are supported through this process and beyond. That is why, along with your doctor, you will have a counsellor from Gatehouse Centre with you throughout the medical process.

Gatehouse Centre counsellors are highly experienced in working with children and young people, sexual abuse and psychological trauma.

It is their job to make sure you understand and feel OK about everything that is happening, to make sure you are safe, and to organise counselling for you down the track if that's what you need.

What happens after the examination?

Taking in information whilst you are at the hospital can be difficult, especially when an awful thing has happened to you and you are surrounded by police, doctors, counsellors and carers. That is why a counsellor from Gatehouse Centre will call you in days after your medical examination to see how you are travelling and to answer any questions you may have.

It is really normal to feel:

- scared
 - shocked
 - anxious
 - sad
 - angry
 - numb or nothing at all
- or any combination of these

There is no 'right' or 'wrong' way to feel. Everyone deals with this stuff differently.