

CHIN – CHOKING PREVENTION

Inn ah himtein le khawnden loin umnak

# Ihak khamnak



- Ngakchia rawl le eisup-eisap na pek tik hnaah an ihak khawhmi, bianaah mutthai, fungvoi puah, apple, sa le nuts (bianaah, mepe) tibantukkha ralrin piak hna.
- Ngakchia kum 3 tang nih D-size battery (datkhe) kha an ka ah ituh in an ihak khawh.
- Ngakchia kha rawl na pek tik hnaah siaremtein tthutter hna law hnawh hna hlah. Ngakchia a no deuhmi kha cu rawl an ei lioah umpi lengmang hna.
- An lentecelhnak ah aa longmi, a poi hmi thil hmetete a um ma timi kha chek piak lengmang hna.
- Kep tia a simi battery (datkhe) kha ngakchia caah tti h an nung khun. Na fa nih kep tia battery aa dolh soal tiah na ruah ahcun Siizung Lakhruak Kalnak (Emergency Department) ah kalpi colh. Hramhram in a luak luakter hlah.



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Mah ca hi The Royal Children's Hospital nih Department of Education and Training hnatlakpinak in chuahmi a si.