

# Monday: Day 1

## Hospital & Home



### A.M.

#### Appointments

- Attend The Royal Children's Hospital for your child's blood test in the Pathology Collection Department, located on Ground Floor, Desk A6.
- Go to your child's scheduled outpatient appointment on Level 2, Desk E.
- Go to Day Cancer Centre where staff will access your child's port.
- Collect your home-care equipment (*refer to Section 4*).
- Attend any allied health appointments.

#### Nutrition and hydration

- Encourage your child to drink water, keep hydrated and eat regular meals.

#### Medication

- Collect medication and IV fluid from Oncology Pharmacy.

### P.M.

#### Home visits

- You will get a home visit from a Wallaby nurse.
- The Wallaby nurse will complete a nurse assessment.
- The Wallaby nurse will connect the Bodyguard pump and IV fluid to commence pre-hydration.

#### Hydration

- Change the IV fluid bag as required (*refer to Section 5.5 for instructions*).
- Continue the IV fluid until your appointment the next day.

#### Fluid balance

- Start to record the following on the Fluid Balance Chart:
  - Fluid intake
  - Urine output
  - Urine pH
- *Refer to Section 5.8 for instructions.*

Call Wallaby staff immediately on **9345 4770** if you have any concerns

# Tuesday: Day 2

## Hospital & Home



### A.M.

#### Hydration

- Continue to change the IV fluid bag as required (refer to Section 5.5 for instructions).

#### Fluid balance

- Continue to record the following on the Fluid Balance Chart:
  - Fluid intake
  - Urine output
  - Urine pH
- Refer to Section 5.8 for instructions.

#### Appointments

- Attend The Royal Children's Hospital for your appointment in Day Cancer Centre on Level 2, Desk E:
  - Remember to bring the Fluid Balance Chart with you
- The clinical team will check your child's urine output and pH levels.
- At approximately 9.30am your child's methotrexate infusion will begin:
  - Remember to record the exact time it begins
  - Set your medication reminder alarms for Day 2, 3 and 4
- At approximately 1.30pm your child's methotrexate infusion will finish.
- The clinical team will connect the Bodyguard pump and IV fluid to commence post-hydration before you go home.
- Attend any allied health appointments.

### P.M.

#### Hydration

- Continue to change the IV fluid bag as required (refer to Section 5.5 for instructions).

#### Fluid balance

- Continue to record the following on the Fluid Balance Chart:
  - Fluid intake
  - Urine output
  - Urine pH
- Refer to Section 5.8 for instructions.

#### Home visits

- You will get a home visit from a Wallaby nurse.
- The Wallaby nurse will complete a nurse assessment.

#### Medication

- Give your child oral ondansetron every 6 hours following START of Methotrexate infusion.
- Give your child other oral anti-nausea as required.

### Call Wallaby staff immediately on **9345 4770** if:

- Urine output decreases below \_\_\_\_\_
- Urine pH decreases below 7
- Nausea and vomiting becomes unmanageable
- Any other concerns

# Wednesday: Day 3

## Home



### A.M.

#### Hydration

- Continue to change the IV fluid bag as required (refer to Section 5.5 for instructions).

#### Fluid balance

- Continue to record the following on the Fluid Balance Chart:
  - Fluid intake
  - Urine output
  - Urine pH
- Refer to Section 5.8 for instructions.

#### Home visits

- You will get a home visit from a Wallaby nurse.
- The Wallaby nurse will complete a blood test and nurse assessment.

#### Medication

- You must give the 1<sup>st</sup> dose of oral folinic acid, 24 hours following the START of Methotrexate infusion:
  - For example, if the infusion started at 9.30 a.m. yesterday, give the 1<sup>st</sup> dose of folinic acid at 9.30 a.m. today.
- Give your child oral ondansetron and folinic acid every 6 hours following 1<sup>st</sup> dose of folinic acid (refer to your medication chart).
- Give your child other oral anti-nausea as required.

### P.M.

#### Hydration

- Continue to change the IV fluid bag as required (refer to Section 5.5 for instructions).

#### Fluid balance

- Continue to record the following on the Fluid Balance Chart:
  - Fluid intake
  - Urine output
  - Urine pH
- Refer to Section 5.8 for instructions.

#### Home visits

- You will get a home visit from a Wallaby nurse (or via Telehealth).
- The Wallaby nurse will complete a nurse assessment.

#### Medication

- Give your child oral ondansetron and folinic acid every 6 hours following 1<sup>st</sup> dose of folinic acid (refer to your medication chart).
- Give your child other oral anti-nausea as required.

### Call Wallaby staff immediately on **9345 4770** if:

- Urine output decreases below \_\_\_\_\_
- Urine pH decreases below 7
- Nausea and vomiting becomes unmanageable
- Any other concerns

# Thursday: Day 4

## Home



### A.M.

#### Hydration

- Continue to change the IV fluid bag as required (*refer to Section 5.5 for instructions*).

#### Fluid balance

- Continue to record the following on the Fluid Balance Chart:
  - Fluid intake
  - Urine output
  - Urine pH
- *Refer to Section 5.8 for instructions.*

#### Home visits

- You will get a home visit from a Wallaby nurse.
- The Wallaby nurse will complete a blood test and nurse assessment.

#### Medication

- Give your child oral ondansetron and folic acid every 6 hours following 1<sup>st</sup> dose of folic acid (*refer to your medication chart*).
- Give your child other oral anti-nausea as required.

### P.M.

#### Hydration

- Continue to change the IV fluid bag as required (*refer to Section 5.5 for instructions*).

#### Fluid balance

- Continue to record the following on the Fluid Balance Chart:
  - Fluid intake
  - Urine output
  - Urine pH
- *Refer to Section 5.8 for instructions.*

#### Home visits

- You will get a home visit from a Wallaby nurse (or via Telehealth).
- The Wallaby nurse will complete a nurse assessment.

#### Medication

- Give your child oral ondansetron and folic acid every 6 hours following 1<sup>st</sup> dose of folic acid (*refer to your medication chart*).
- Give your child other oral anti-nausea as required.

### Call Wallaby staff immediately on **9345 4770** if:

- Urine output decreases below \_\_\_\_\_
- Urine pH decreases below 7
- Nausea and vomiting becomes unmanageable
- Any other concerns

# Friday: Day 5

## Home



### A.M.

#### Hydration

- Continue to change the IV fluid bag as required (*refer to Section 5.5 for instructions*).

#### Fluid balance

- Continue to record the following on the Fluid Balance Chart:
  - Fluid intake
  - Urine output
  - Urine pH
- *Refer to Section 5.8 for instructions.*

#### Home visits

- You will get a home visit from a Wallaby nurse.
- The Wallaby nurse will complete a blood test and nurse assessment.

#### Medication

- Give your child oral ondansetron and folinic acid every 6 hours following 1<sup>st</sup> dose of folinic acid (*refer to your medication chart*).
- Give your child other oral anti-nausea as required.

### P.M.

#### Hydration

- Continue to change the IV fluid bag as required (*refer to Section 5.5 for instructions*).
- The doctor will review your child's blood tests to determine whether the methotrexate has cleared.

#### Fluid balance

- Continue to record the following on the Fluid Balance Chart:
  - Fluid intake
  - Urine output
  - Urine pH
- *Refer to Section 5.8 for instructions.*

#### Home visits

- You will get a home visit from a Wallaby nurse:
  - If the methotrexate has cleared the nurse will disconnect the fluids, flush and lock the CVAD.
  - If the methotrexate has not cleared, your child may need to come to hospital.

### Call Wallaby staff immediately on **9345 4770** if:

- Urine output decreases below \_\_\_\_\_
- Urine pH decreases below 7
- Nausea and vomiting becomes unmanageable
- Any other concerns