

The Royal Children's Hospital Melbourne 50 Flemington Road Parkville Victoria 3052 Australia TELEPHONE +61 3 9345 5522 www.rch.org.au

# **Position description**

Position title	Sleep Scientist (Overnight)		
Department / Division	Respiratory and Sleep Medicine Department		
Classification	Grade 2 Scientist – RY4	Employment Status	Part-time 0.26 EFT on-going Rotating roster
Position reports to	Medical Director of Sleep Services		
Location	The Royal Children's Hospital, Flemington Road, Parkville		

### The Royal Children's Hospital

The Royal Children's Hospital (RCH) has cared for the children and young people of Victoria for more than 150 years since it was founded in 1870. As a tertiary and quaternary centre, the RCH cares for the most critically ill and medically complex paediatric patients in Victoria. In addition to providing a full range of clinical services, the hospital also supports many health promotion and prevention programs. With more than 6,000 staff, 12 wards and 350 beds, the RCH is the major specialist paediatric hospital in Victoria, and also provides care for children and young people from Tasmania, southern New South Wales and other states around Australia and overseas.

We are the state's busiest paediatric Emergency Department, often experiencing more than 300 presentations on any given day. The RCH is committed to working with health services across the state and plays a significant role in many critical state and nationwide services. We work collaboratively with hospitals to deliver the right care, in the right place, at the right time, for the benefit of all Victorian children. The RCH is committed to the safety and wellbeing of all children and young people. Click here for further information on our Commitment to Child Safety: http://www.rch.org.au/quality/child-safety

In April 2016, we became the first Australian hospital to implement the world-leading electronic medical record (EMR) and has a strong focus on supporting the successful delivery of the Parkville Connecting Care program – a shared EMR with The Royal Women's Hospital, The Royal Melbourne Hospital and Peter MacCallum Cancer Centre.

The RCH is located within the Melbourne Biomedical Precinct, which is home to more than 45 world-class biomedical organisations, with collectively more than 50,000 of the brightest minds working together to make the Precinct number one in the Asia Pacific region.

Further information on the RCH including the new RCH Strategic Plan 2019-21 Great Care, Everywhere is available at <a href="https://www.rch.org.au">www.rch.org.au</a>



### **ROLE PURPOSE**

Overnight shifts - 10 hours.

This role is to facilitate two sleep studies per night for one night per week. The studies take place in the Neonatal Intensive Care unit (NICU), Sugar Glider and Bilby Wards. The sleep studies are complex either because the patients are on ventilation (CPAP, Bilevel) or have complex airways (Tracheostomy) or have behavioural issues.

The overnight sleep scientist is expected to focus on maintaining accurate position of electrodes and sensors to ensure adequate sleep and respiratory data are recorded. The overnight sleep scientist is expected to make appropriate changes to ventilation or supplemental oxygen as per the established procedures and protocols. The overnight sleep scientist is also expected to stage the sleep of the Neonates having the sleep studies during acquisition.

Given the complexity of the service, it is expected that the applicants have both significant paediatric sleep experience and significant ventilation experience (CPAP and Bilevel particularly). All aspects of the patient's sleep study set-up and overnight management will be undertaken. Shifts will be on a two week rotating roster.

### **KEY ACCOUNTABILITIES**

- Provide technical back-up and training for the junior sleep staff when on shift
- Remove and clean all electrodes and sensors in the morning and ensure appropriate equipment cleaning/infection control adherence
- Ensure all data is adequately obtained overnight and transferred to appropriate storage location
- General administrative housekeeping, including maintenance of filing systems and general departmental filing
- The grade 2 sleep scientist is expected to actively participate in protocol and procedure development and maintenance
- Participate in and successfully complete training provided by the hospital as directed by senior staff
- Participate in the analysis, interpretation and reporting of sleep studies where time permits or when there are no in-patients for sleep studies. The post holder will be expected to follow agreed laboratory protocols and to produce and to analyse respiratory sleep studies, and written technical sleep study report.

# **Overnight Shift**

- Commencement at 9.30pm with handover from evening sleep technologist/scientist.
- Run the overnight study, adjustment of sensors and/or respiratory support as necessary and report sleep studies where time permits or when there are no in-patients for sleep studies.
- Completion by 7:30am (10 hour shift in Bilby Ward).

# **QUALIFICATIONS AND EXPERIENCE**

### **Essential:**

- Bachelor of Applied Science or Bachelor of Science or equivalent, where equivalent includes a degree awarded by an overseas tertiary intuitions which is recognised by the national office of overseas skills is mandatory.
- Significant experience working in a paediatric sleep unit and



• Significant ventilation experience working with CPAP and Bilevel ventilation

#### **Desirable:**

• Minimum 3 years' experience within paediatric or youth health services desired

### Other Requirements:

- Employees are required to undertake a National Criminal Record Check and a Working with Children Check prior to commencing employment
- Employees are required to maintain a valid Working with Children's Check throughout their employment
- A current, full drivers licence for the State of Victoria which is appropriate for the type of vehicle being driven, and comply with any restrictions on their licence (e.g. wearing glasses) while undertaking hospital duties (If applicable)
- Employees are required to maintain compliance with RCHs "Staff Immunisation Prevention of Vaccine Preventable Diseases" procedure.

#### **KEY SELECTION CRITERIA**

- Demonstrated relevant technical skills and depth of knowledge for Sleep Studies and Bilevel ventilation
- Demonstrated ability to work with a team and maintain successful working relationships
- Demonstrated ability to perform and complete tasks with minimal supervision.
- Computer literacy in word programs and data bases
- Excellent communication and interpersonal skills
- Professional demeanour in the workplace with both internal and external stakeholders
- Ability to initiate, manage and sustain change

#### **IMPORTANT INFORMATION**

All employees are required to adhere to the Royal Children's Hospital Values:

- Unity We work as a team and in partnership with our communities
- · Respect We respect the rights of all and treat people the way we would like them to treat us
- Integrity We believe that how we work is as important as the work we do
- Excellence We are committed to achieving our goals and improving outcomes

# RCH COMPACT

All new and existing employees commit to the RCH Compact to contribute to a strong and respectful culture.

- We do better work caring for children and families when we also care for each other
- I bring a positive attitude to work I share, I laugh, I enjoy other's company
- I take responsibility for my behaviour and its impact on others
- I am curious and seek out ways to constantly learn and improve
- I celebrate the good stuff, the small stuff, the big stuff it all matters
- I speak up when things aren't right
- I value the many different roles it takes to deliver great patient care
- I actively listen because I want to understand others and make better decisions
- I am inclusive and value diversity
- When it comes to teamwork, I don't hold back I'm all in



### **QUALITY, SAFETY AND IMPROVEMENT**

RCH employees have a responsibility and accountability to contribute to the organisation's commitment to Quality, Safety and Improvement by:

- · Acting in accordance and complying with all relevant Safety and Quality policies and procedures
- Identifying risks, reporting and being actively involved in risk mitigation strategies
- Participating in and actively contributing to quality improvement programs
- Complying with the requirements of the National Safety & Quality Health Service Standards
- Complying with all relevant clinical and/or competency standards
- Complying with the principles of Patient and Family Centred Care that relate to this position

The RCH is committed to a diverse and inclusive workforce. We encourage applications from Aboriginal and Torres Strait Islander people, all members of the LGBTQI community and people with disability.

Position description last updated	February 2021 – V2
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