

Position Description

Position title	Psychologist (Eating Disorders)
Department / Division	Adolescent Medicine, Division of Medicine
Classification	Grade 3 (PL1-PL3)- Full time, fixed term.
Position reports to	Operational: Clinical Leads, Gender Service, Department of Adolescent Medicine Professional: Clinical Psychologist nominated by Psychology Discipline Senior
No. of direct & indirect reports	2
Location	The Royal Children's Hospital, Flemington Road, Parkville
Risk category	Category B - works in a patient facing setting but rarely or unlikely to have contact with blood or body fluids (or aerosols without PPE)

The Royal Children's Hospital
<p>The Royal Children's Hospital's (RCH) vision is A world where all kids thrive.</p> <p>RCH is located within the Melbourne Biomedical Precinct, with more than 45 world-class biomedical organisations and more than 50,000 of the brightest minds working together to make the Precinct number one in the Asia Pacific region for health, education, research, and training. Within this, RCH is also a cornerstone member of the Melbourne Children's Campus, partnering with Murdoch Children's Research Institute, The University of Melbourne Department of Paediatrics and The Royal Children's Hospital Foundation. Each organisation contributes to a paediatric academic health centre which is greater than the sum of its parts.</p> <p>RCH has cared for the children and young people of Victoria for more than 150 years since it was founded in 1870. A full range of paediatric and adolescent health services are provided plus tertiary and quaternary care for the most critically ill and medically complex patients in Victoria. Tasmania, southern NSW and other states around Australia and overseas. The RCH is the only provider of heart transplant services and CAR T-cell therapy for paediatrics in Australia. RCH is an effective advocate for patients and their families with a particular focus on vulnerable children and increasingly, mental health in young people. The hospital also supports many health promotion and prevention programs. The Hospital has more than 6,000 staff, a budget of \$850M, 12 wards and 350 beds. Annually, the RCH has 300,000+ Specialist Clinic appointments, 90,000+ Emergency Department presentations and 20,000 elective surgeries.</p> <p>We work collaboratively with hospitals to deliver the right care, in the right place, at the right time. The RCH is committed to the Child Safe Standards https://www.rch.org.au/quality/child-safety/.</p> <p>RCH enjoys high employee engagement and is committed to staff safety and a positive culture through enactment of our Compact.</p> <p>Further information on RCH is available at www.rch.org.au</p>

ROLE PURPOSE

The Department of Adolescent Medicine provides care and management to adolescents and their families via a range of specialist multidisciplinary services including the Gender Service, Eating Disorders Service, Chronic Illness Peer Support (ChIPS), Young People's Health Services and inpatient and outpatient medical service.

The Royal Children's Hospital Eating Disorders Service is an innovative and research informed program that provides clinical care to patients with:

- anorexia nervosa
- atypical anorexia nervosa
- avoidant restrictive food intake disorder

As a member of the mental health team of the Eating Disorders Service you will be responsible for providing high quality tertiary mental health care for children or adolescents and their families through skilled assessment, treatment and consultation in line with the Service's model of care. You will demonstrate clinical leadership and Great Care in line with RCH values and contribute to peer group clinical supervision, service planning, training, and research/evaluation of the Service. Research knowledge and skills will enhance team functions and better outcomes for consumers.

As part of its Strategic Plan, The RCH is striving to become a national Centre of Excellence in infant, child and adolescent mental health. The RCH Mental Health team, in close collaboration with campus partners, is committed to supporting the development of such a centre and delivering GREAT care.

KEY ACCOUNTABILITIES

- Provide leadership through modelling a high standard of professional and interpersonal skills, attitudes and behaviours.
- Provide high quality clinical consultation or clinical supervision to other mental health clinicians and students
- Coordinate psychology intern student placements in collaboration with the Psychology Department.
- Provide professional and operational/administrative support to the Coordinator Lead as required.
- Undertake and/or support research and evaluation activities (as required for learning innovations for best practice care).
- Purposefully and expertly engage patients and their families in mental health care, as per the Eating Disorders Service model
- Work collaboratively with other clinical disciplines within the team to provide high quality inter-disciplinary care. This may involve sharing cases with junior staff for modelling and guidance.
- Participate in a clinic-based appointment system and roster for the provision of the team's contribution to multidisciplinary assessment
- Complete mandatory client contacts, outcome measures and report activity levels (statistics) to support team/s meeting KPI obligations.
- Complete accurate, timely and professional clinical record keeping and documentation.
- Participate in clinical supervision in accordance with local standard operating procedure and/or the RCH Allied Health Clinical Supervision Guidelines which are based on the DHHS Allied Health Clinical Supervision Framework
- Lead and/or support continuous quality improvement activities.
- To maintain accurate records of client contact through EMR and record contact hours through RAPID

QUALIFICATIONS AND EXPERIENCE

Essential

- Hold a minimum Master of Psychology degree qualification from an accredited course/university
- Be registered with AHPRA
- Hold an endorsement with the PBA in any of the following fields of practice: Clinical, Health
- Hold Board-approved supervisor status, including Board-approval as a 'Registrar Program Principal Supervisor'
- Continuously satisfy the PBA continuing professional development standards
- Uphold the PBA Code of Ethics
- Demonstrated clinical skills and experience in restrictive eating disorders and child or adolescent mental health.
- Demonstrated experience working in a multidisciplinary care team environment and liaising with external providers in the delivery of treatment.

KEY SELECTION CRITERIA

- Demonstrated expert clinical skills and experience in the provision of effective child and adolescent mental health care.
- Demonstrated experience in evidence-based treatments for restrictive eating disorders
- Demonstrated ability to build and maintain working relationships with key internal and external stakeholders, to maximise service coordination.
- Demonstrated experience in research, quality improvement and program evaluation.
- Demonstrated experience in clinical supervision, education and training.
- Highly developed written and verbal communication skills and inter-personal skills.
- Demonstrate understanding of legal obligations when working in a child and adolescent mental health service context in Victoria.
- Demonstrated experience in contributing to a cohesive and high-performance team.

OTHER REQUIREMENTS

- Employees are required to undertake a National Criminal Record Check and a Working with Children Check prior to commencing employment
- Employees are required to maintain a valid Working with Children Check throughout their employment
- A current, full driver's licence for the State of Victoria which is appropriate for the type of vehicle being driven, and comply with any restrictions on their licence (e.g. wearing glasses) while undertaking hospital duties (If applicable)
- Employees are required to maintain compliance with RCHs "Staff Immunisation - Prevention of Vaccine Preventable Diseases" procedure.

IMPORTANT INFORMATION

All employees are required to adhere to the Royal Children's Hospital Values:

- Curious - We are creative, playful and collaborative
- Courageous - We pursue our goals with determination, ambition and confidence
- Inclusive - We embrace diversity, communicate well, build connections and celebrate our successes together

- Kind - We are generous, warm and understanding

RCH COMPACT

All new and existing employees commit to the RCH Compact to contribute to a strong and respectful culture.

- We do better work caring for children and families when we also care for each other
- I bring a positive attitude to work – I share, I laugh, I enjoy other's company
- I take responsibility for my behaviour and its impact on others
- I am curious and seek out ways to constantly learn and improve
- I celebrate the good stuff, the small stuff, the big stuff – it all matters
- I speak up when things aren't right
- I value the many different roles it takes to deliver great patient care
- I actively listen because I want to understand others and make better decisions
- I am inclusive and value diversity
- When it comes to teamwork, I don't hold back – I'm all in

QUALITY, SAFETY AND IMPROVEMENT

RCH employees have a responsibility and accountability to contribute to the organisation's commitment to Quality, Safety and Improvement by:

- Acting in accordance and complying with all relevant Safety and Quality policies and procedures
- Identifying risks, reporting and being actively involved in risk mitigation strategies
- Participating in and actively contributing to quality improvement programs
- Complying with the requirements of the National Safety & Quality Health Service Standards
- Complying with all relevant clinical and/or competency standards
- Complying with the principles of Patient and Family Centred Care that relate to this position

The RCH is committed to a diverse and inclusive workforce. We encourage applications from Aboriginal and Torres Strait Islander people, people from culturally and/or linguistically diverse backgrounds, all members of the LGBTQI community and people with disability.

Position description last updated

May 2023