

Position Description

Position title	Registered Psychiatric Nurse - Community Mental Health
Department / Division	Mental Health / medicine
Classification	RPN Grade 2 Year 2 – Year 8 (NP21- NP70)
Position reports to	Operational: Travancore Site and Team Coordinator Professional: Senior Psychiatric Nurse
No. of direct & indirect reports	n/a
Location	The Royal Children's Hospital, Flemington Road, Parkville
Risk category	Category B - works in a patient facing setting but rarely or unlikely to have contact with blood or body fluids (or aerosols without PPE)

The Royal Children's Hospital
The Royal Children's Hospital's (RCH) vision is A world where all kids thrive. RCH is located within the Melbourne Biomedical Precinct, with more than 45 world-class biomedical organisations and more than 50,000 of the brightest minds working together to make the Precinct number one in the Asia Pacific region for health, education, research, and training. Within this, RCH is also a cornerstone member of the Melbourne Children's Campus, partnering with Murdoch Children's Research Institute, The University of Melbourne Department of Paediatrics and The Royal Children's Hospital Foundation. Each organisation contributes to a paediatric academic health centre which is greater than the sum of its parts. RCH has cared for the children and young people of Victoria for more than 150 years since it was founded in 1870. A full range of paediatric and adolescent health services are provided plus tertiary and quaternary care for the most critically ill and medically complex patients in Victoria, Tasmania, southern NSW and other states around Australia and overseas. The RCH is the only provider of heart transplant services and CAR T-cell therapy for paediatrics in Australia. RCH is an effective advocate for patients and their families with a particular focus on vulnerable children and increasingly, mental health in young people. The hospital also supports many health promotion and prevention programs. The Hospital has more than 6,000 staff, a budget of \$850M, 12 wards and 350 beds. Annually, the RCH has 300,000+ Specialist Clinic appointments, 90,000+ Emergency Department presentations and 20,000 elective surgeries. We work collaboratively with hospitals to deliver the right care, in the right place, at the right time. The RCH is committed to the Child Safe Standards https://www.rch.org.au/quality/child-safety/. RCH enjoys high employee engagement and is committed to staff safety and a positive culture through enactment of our Compact. Further information on RCH is available at www.rch.org.au

ROLE CONTEXT
The RCH Mental Health service comprises of several programs including inpatient, outpatient and liaison services which focus on the assessment, treatment and case management of children and young people ranging from 0-18 years. This role will be supported to work specifically towards attaining a post graduate qualification in Mental health nursing. The role will be based with the community teams at Travancore who provide care for children aged 0-11yrs and their families, and In2School Day program and rotate to work with the Hospital Consultation and Liaison team, providing care for 0-18yrs. There are options to gain experience working in a variety of other specialist teams throughout the term as part of an individualised training and development plan. This includes participation in the Developmental Psychiatry Course run by Mindful throughout the year, and our department's weekly professional development series along with other local training.
ROLE PURPOSE
The Registered Nurse (RN) is at the forefront of providing the highest quality nursing care to patients, carers and families. The RN provides family centered, safe, compassionate, evidence-based practice across a range of contexts, to facilitate optimal health outcomes. The RN is a vital part of the healthcare team engaging with multiple stakeholders across the organisation. The RN performs self-assessment of scope of practice and competence and retains responsibility for individual actions and accountability for care provided.
KEY ACCOUNTABILITIES

Clinical Practice

- Undertake comprehensive holistic patient assessments and contributes to the development of care plans, ensuring alignment with best practice and the individual needs of patients and families
- Provide direct care and support to patients and families, including administering medications, performing procedures, and monitoring vital signs
- Use critical thinking and analysis to plan evaluate and implement nursing care and undertake interventions that result in positive healthcare outcomes for the patient and their families
- Recognise changes in consumers' condition and take necessary action including reporting and escalation seeking appropriate assistance
- Collaborate and consult with the nursing team and other multidisciplinary team members to achieve desired health outcomes for patients and their families

Optimising Health Systems

- Communicate and collaborate effectively with key stakeholders to ensure coordinated patient care is efficient and supports functioning of healthcare systems
- Maintain a safe environment and report incidents promptly to the supervising nurse, Nurse Unit Manager or appropriate stakeholder
- Maintain accurate and up to date documentation ensuring compliance with legal and regulatory requirements

Education

- Provide culturally and cognitively appropriate healthcare education to patients and their families on conditions, treatment plans, and self-care strategies
- Promote patient and family education and involvement in decision-making related to their healthcare
- Ensure that educational materials are cognitively and culturally sensitive and tailored to individual patient and family needs
- Engage in ongoing professional development to stay informed about current evidence-based practices and advancements in nursing
- Actively participate in supervision, in-service training, workshops, and continuing education opportunities

Research & Improvement

- Participate in quality improvement initiatives, contributing to the ongoing enhancement of nursing practices and patient outcomes
- Participate in regular audits and reviews to maintain and improve the quality of care provided
- Incorporate evidence-based practices into clinical decision-making and care delivery
- Stay informed about current nursing research and apply relevant findings to improve patient outcomes
- Identify clinical practice improvement opportunities and discuss with your manager

Professional Leadership

- Uphold the professional and ethical standards set by the Nursing and Midwifery Board of Australia
- Serve as a role model for ethical nursing practices and professionalism
- Provide leadership within the nursing team, fostering a positive and collaborative work culture
- Mentor junior staff and students, contributing to their professional growth and development

QUALIFICATIONS AND EXPERIENCE

Essential:

- Current registration as a Registered Nurse with the Nursing and Midwifery Board of Australia (NMBA) administered through the Australian Health Practitioner Regulation Agency (APHRA)

- Demonstrated commitment to ongoing personal and professional development, as evidenced in a Continuing Professional Development (CPD) record/Professional Practice Portfolio (PPP)

Desirable:

- Recent experience in an acute, medical, surgical, and/or speciality area of nursing
- Recent paediatric nursing experience

KEY SELECTION CRITERIA

- Think critically and analyses nursing practice
- Ability to problem solve and prioritise
- Demonstrated clinical competence and a commitment to ongoing professional development
- Excellent communication and interpersonal skills
- Engages in therapeutic and professional relationships
- Ability to work collaboratively within a team and adapt to a dynamic healthcare environment

OTHER REQUIREMENTS

- Employees are required to undertake a National Criminal Record Check and a Working with Children Check prior to commencing employment
- Employees are required to maintain a valid Working with Children Check throughout their employment
- A current, full driver's licence for the State of Victoria which is appropriate for the type of vehicle being driven, and comply with any restrictions on their licence (e.g. wearing glasses) while undertaking hospital duties (If applicable)
- Employees are required to maintain compliance with RCHs "Staff Immunisation - Prevention of Vaccine Preventable Diseases" procedure.

IMPORTANT INFORMATION

All employees are required to adhere to the Royal Children's Hospital Values:

- Curious - We are creative, playful and collaborative
- Courageous - We pursue our goals with determination, ambition and confidence
- Inclusive - We embrace diversity, communicate well, build connections and celebrate our successes together
- Kind - We are generous, warm and understanding

RCH COMPACT

All new and existing employees commit to the RCH Compact to contribute to a strong and respectful culture.

- We do better work caring for children and families when we also care for each other
- I bring a positive attitude to work – I share, I laugh, I enjoy other's company
- I take responsibility for my behaviour and its impact on others
- I am curious and seek out ways to constantly learn and improve
- I celebrate the good stuff, the small stuff, the big stuff – it all matters
- I speak up when things aren't right
- I value the many different roles it takes to deliver great patient care
- I actively listen because I want to understand others and make better decisions
- I am inclusive and value diversity

- When it comes to teamwork, I don't hold back – I'm all in

QUALITY, SAFETY AND IMPROVEMENT

RCH employees have a responsibility and accountability to contribute to the organisation's commitment to Quality, Safety and Improvement by:

- Acting in accordance and complying with all relevant Safety and Quality policies and procedures
- Identifying risks, reporting and being actively involved in risk mitigation strategies
- Participating in and actively contributing to quality improvement programs
- Complying with the requirements of the National Safety & Quality Health Service Standards
- Complying with all relevant clinical and/or competency standards
- Complying with the principles of Patient and Family Centred Care that relate to this position

The RCH is committed to a diverse and inclusive workforce. We encourage applications from Aboriginal and Torres Strait Islander people, people from culturally and/or linguistically diverse backgrounds, all members of the LGBTQI community and people with disability.

Position description last updated	March 2024
--	-------------------