

Position description

Position title	Senior Mental Health Clinician (Eating Disorders)		
Department / Division	Adolescent Medicine		
Classification	PS3/SW3/OT3	Employment Status	Part time fixed term.
Position reports to	Operational: Director, Adolescent Medicine		
No. of indirect & direct reports	N/A		
Location	The Royal Children's Hospital, Flemington Road, Parkville		

The Royal Children's Hospital
<p>The Royal Children's Hospital (RCH) has cared for the children and young people of Victoria for more than 150 years since it was founded in 1870. As a tertiary and quaternary centre, the RCH cares for the most critically ill and medically complex paediatric patients in Victoria. In addition to providing a full range of clinical services, the hospital also supports many health promotion and prevention programs. With more than 6,000 staff, 12 wards and 350 beds, the RCH is the major specialist paediatric hospital in Victoria, and also provides care for children and young people from Tasmania, southern New South Wales and other states around Australia and overseas.</p> <p>We are the state's busiest paediatric Emergency Department, often experiencing more than 300 presentations on any given day. The RCH is committed to working with health services across the state and plays a significant role in many critical state and nationwide services. We work collaboratively with hospitals to deliver the right care, in the right place, at the right time, for the benefit of all Victorian children. The RCH is committed to the safety and wellbeing of all children and young people. Click here for further information on our Commitment to Child Safety: http://www.rch.org.au/quality/child-safety</p> <p>In April 2016, we became the first Australian hospital to implement the world-leading electronic medical record (EMR) and has a strong focus on supporting the successful delivery of the Parkville Connecting Care program – a shared EMR with The Royal Women's Hospital, The Royal Melbourne Hospital and Peter MacCallum Cancer Centre.</p> <p>The RCH is located within the Melbourne Biomedical Precinct, which is home to more than 45 world-class biomedical organisations, with collectively more than 50,000 of the brightest minds working together to make the Precinct number one in the Asia Pacific region.</p> <p>Further information on the RCH including the new RCH Strategic Plan 2019-21 Great Care, Everywhere is available at www.rch.org.au</p>

ROLE PURPOSE

The Royal Children's Hospital Eating Disorders Service is an innovative and research informed program that provides clinical care to patients with:

- anorexia nervosa
- atypical anorexia nervosa
- avoidant restrictive food intake disorder

As a member of the mental health team of the Eating Disorders Service you will be responsible for providing high quality tertiary mental health care for children or adolescents and their families through skilled assessment, treatment and consultation in line with the Service's model of care. You will demonstrate Great Care in line with RCH values and contribute to peer group clinical supervision, service planning, training, and research/evaluation of the Service. Research knowledge and skills will enhance team functions and better outcomes for consumers.

As part of its Strategic Plan, The RCH is striving to become a national Centre of Excellence in infant, child and adolescent mental health. The RCH Mental Health team, in close collaboration with campus partners, is committed to supporting the development of such a centre and delivering GREAT care.

KEY ACCOUNTABILITIES

- Provide leadership through modelling a high standard of professional and interpersonal skills, attitudes and behaviours.
- Provide high quality clinical consultation or supervision to other mental health clinicians and students
- Provide professional and operational/administrative support to the Coordinator Lead as required.
- Undertake and/or support research and evaluation activities (as required for learning innovations for best practice care).
- Purposefully and expertly engage patients and their families in mental health care, as per the Eating Disorders Service model
- Work collaboratively with other clinical disciplines within the team to provide high quality inter-disciplinary care. This may involve sharing cases with junior staff for modelling and guidance.
- Participate in a clinic based appointment system and roster for the provision of the team's contribution to multidisciplinary assessment
- Complete mandatory client contacts, outcome measures and report activity levels (statistics) to support team/s meeting KPI obligations.
- Complete accurate, timely and professional clinical record keeping and documentation.
- Actively participate in all forms of supervision (operational, professional and clinical).
- Lead and/or support continuous quality improvement activities.
- To maintain accurate records of client contact through EMR and record contact hours through RAPID

QUALIFICATIONS AND EXPERIENCE

Essential

- Tertiary Qualification in relevant discipline
- Eligibility for membership in Victoria of an appropriate professional body
- Current Registration with AHPRA (where professionally relevant). Psychologists must hold Clinical Endorsement, have completed a minimum Masters Degree in Clinical Psychology and have current registration with the Psychology Board of Australia (AHPRA). Occupational Therapists must have current registration with AHPRA. Social Workers must meet the current accreditation standards of Australian Association of Social Work respectively.
- Demonstrated clinical skills and experience in child or adolescent mental health.
- Demonstrated experience working in a multidisciplinary care team environment and liaising with external providers in the delivery of treatment.

Desirable

- Post graduate qualification in a relevant child and adolescent mental health field
- Demonstrated experience in evidence based treatment for adolescent restrictive eating disorders e.g. FBT, AFT, CBT etc.
- For Psychologists: Board-approved supervisor status

Other Requirements:

- Employees are required to undertake a National Criminal Record Check and a Working with Children Check prior to commencing employment.
- Employees are required to maintain a valid Working with Children's Check throughout their employment.
- A current, full drivers licence for the State of Victoria which is appropriate for the type of vehicle being driven, and comply with any restrictions on their licence (e.g. wearing glasses) while undertaking hospital duties (If applicable)

The employee needs to ensure that they maintain compliance with RCHs "Staff Immunisation - Prevention of Vaccine Preventable Diseases" procedure.

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KEY SELECTION CRITERIA

- Demonstrated expert clinical skills and experience in the provision of effective child and adolescent mental health care.
- Demonstrated experience in evidence-based treatments for restrictive eating disorders
- Demonstrated ability to build and maintain working relationships with key internal and external stakeholders, to maximise service coordination.
- Demonstrated experience in research, quality improvement and program evaluation.
- Demonstrated experience in supervision, education and training.
- Highly developed written and verbal communication skills and inter-personal skills.

- Demonstrate understanding of legal obligations when working in a child and adolescent mental health service context in Victoria.
- Demonstrated experience in contributing to a cohesive and high-performance team.

IMPORTANT INFORMATION

All employees are required to adhere to the Royal Children's Hospital Values:

- Unity - We work as a team and in partnership with our communities
- Respect - We respect the rights of all and treat people the way we would like them to treat us
- Integrity - We believe that how we work is as important as the work we do
- Excellence - We are committed to achieving our goals and improving outcomes

RCH COMPACT

All new and existing employees commit to the RCH Compact to contribute to a strong and respectful culture.

- We do better work caring for children and families when we also care for each other
- I bring a positive attitude to work – I share, I laugh, I enjoy other's company
- I take responsibility for my behaviour and its impact on others
- I am curious and seek out ways to constantly learn and improve
- I celebrate the good stuff, the small stuff, the big stuff – it all matters
- I speak up when things aren't right
- I value the many different roles it takes to deliver great patient care
- I actively listen because I want to understand others and make better decisions
- I am inclusive and value diversity
- When it comes to teamwork, I don't hold back – I'm all in

QUALITY, SAFETY AND IMPROVEMENT

RCH employees have a responsibility and accountability to contribute to the organisation's commitment to Quality, Safety and Improvement by:

- Acting in accordance and complying with all relevant Safety and Quality policies and procedures
- Identifying risks, reporting and being actively involved in risk mitigation strategies
- Participating in and actively contributing to quality improvement programs
- Complying with the requirements of the National Safety & Quality Health Service Standards
- Complying with all relevant clinical and/or competency standards
- Complying with the principles of Patient and Family Centred Care that relate to this position

The RCH is committed to a diverse and inclusive workforce. We encourage applications from Aboriginal and Torres Strait Islander people, all members of the LGBTQI community and people with disability.



Position description last updated	March 2021
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