

Position Description

| Position title | Occupational Therapist, Children's Pain Management Service |
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| Department / Division | Anaesthesia and Pain Management (Division of Surgery) |
| Classification | Grade 2 Year 1 to 4, VF6-VF9 |
| Position reports to | Operational: Head of Pain Management |
| | Professional: Manager, Occupational Therapy |
| Size of team | N/A |
| Location | The Royal Children's Hospital, Flemington Road, Parkville |
| Risk category | Category B - works in a patient facing setting but rarely or unlikely to have contact with blood or body fluids (or aerosols without PPE) |

The Royal Children's Hospital

The Royal Children's Hospital's (RCH) vision is A world where all kids thrive.

RCH is located within the Melbourne Biomedical Precinct, with more than 45 world-class biomedical organisations and more than 50,000 of the brightest minds working together to make the Precinct number one in the Asia Pacific region for health, education, research, and training. Within this, RCH is also a cornerstone member of the Melbourne Children's Campus, partnering with Murdoch Children's Research Institute, The University of Melbourne Department of Paediatrics and The Royal Children's Hospital Foundation. Each organisation contributes to a paediatric academic health centre which is greater than the sum of its parts.

RCH has cared for the children and young people of Victoria for more than 150 years since it was founded in 1870. A full range of paediatric and adolescent health services are provided plus tertiary and quaternary care for the most critically ill and medically complex patients in Victoria. Tasmania, southern NSW and other states around Australia and overseas. The RCH is the only provider of heart transplant services and CAR T-cell therapy for paediatrics in Australia. RCH is an effective advocate for patients and their families with a particular focus on vulnerable children and increasingly, mental health in young people. The hospital also supports many health promotion and prevention programs. The Hospital has more than 6,000 staff, a budget of \$850M, 12 wards and 350 beds. Annually, the RCH has 300,000+ Specialist Clinic appointments, 90,000+ Emergency Department presentations and 20,000 elective surgeries.

We work collaboratively with hospitals to deliver the right care, in the right place, at the right time. The RCH is committed to the Child Safe Standards https://www.rch.org.au/quality/child-safety/.

RCH enjoys high employee engagement and is committed to staff safety and a positive culture through enactment of our Compact.

Further information on RCH is available at www.rch.org.au

ROLE CONTEXT

The Children's Pain Management Clinic is a multidisciplinary service is part of the Department of Anaesthesia and Pain Management. Its primary role is to assess and manage children and adolescents presenting with persistent pain conditions.



ROLE PURPOSE

The purpose of this position is to deliver occupational therapy services within the Children's Pain Management Clinic. The occupational therapist manages children and adolescents with persistent pain and provides support to their families. The primary objective is to return children and adolescents to their usual level of occupational performance and participation in daily life.

KEY ACCOUNTABILITIES

Provision of Care

- Provide occupational therapy assessment and intervention in accordance with best practice and prioritisation guidelines for children and adolescents with persistent pain.
- Develop treatment goals and plans in collaboration with patients and their families to maximise participation in daily care routines.
- Incorporate principles of family centred practice, acceptance and commitment therapy and sensory modulation into occupational therapy programs provided to children and their families.
- Continually evaluate patient management approach for effectiveness, efficiency, and quality, and modify treatment plans accordingly.
- Conduct appropriate clinical handovers and arrange for follow-up to ensure patient care is maintained.
- Maintain accurate documentation of all patient-related activity, including completion of all system required data and detailed medical record documentation in keeping with organisational, professional, and legal requirements.
- Maintain partnerships with internal and external healthcare professionals and service providers.

Collaborative Practice

- Participate and contribute to multidisciplinary meetings related to patient care planning.
- Communicate effectively with patients and families to ensure their understanding, and that their needs and views are included in treatment, care plans and actions.
- Consider different points of view and compromise, where necessary and appropriate, to reach consensus.
- Establish therapeutic relationships with patients and families that are goal directed and recognise professional boundaries and power imbalances.
- Promote collaboration within the clinical care team and between other RCH departments and external service providers.

Health Values

- Work in a flexible manner to ensure adequate clinical cover, equitable workload distribution and equity of access to occupational therapy services, with attention to the scope of practice of individual staff and service objectives.
- Challenge own and team cultural assumptions and demonstrate culturally responsive, safe, and sensitive practice.
- Initiate, support, and maintain continuous improvement in the growth and development of the role and Occupational Therapy Service
- Participate in the review and development of clinical service delivery within the Children's Pain Management Clinic (as appropriate)

Professional, Ethical and Legal Approach

• Be aware and support others to be aware of ethical and legal requirements of the role and adhere to the Occupational Therapy Board of Australia - Code of Conduct, ethics, and guidelines.



- Prioritise workload appropriately and complete tasks in a self-directed manner.
- Identify when others are becoming stressed or overloaded and offer support.

Lifelong Learning

- Achieve and maintain competency in relevant skills in line with departmental requirements specific to role.
- Participate in internal and/or external continuing education programs and demonstrate a commitment to improving professional performance and development, in line with requirements for maintenance of AHPRA registration status.
- Identify personal and professional development needs, and strategies to address learning goals through PDAP process.
- Regularly seek and participate in two-way feedback of own performance through informal and formal supervision and performance reviews and evaluate feedback systematically, acting to improve performance as appropriate.
- Participate in clinical supervision in accordance with local standard operating procedures and/or the RCH Allied Health Clinical Supervision Guideline (based on the DHHS Allied Health Clinical Supervision Framework)
- Support others to review, reflect on and evaluate their own practice.
- Supervise and support students (as directed)

QUALIFICATIONS AND EXPERIENCE

Essential

- Recognised graduate-entry qualification in Occupational Therapy (Bachelor, Masters or Doctorate)
- Current registration as an Occupational Therapist with the Australian Health Practitioner Regulation Agency (AHPRA)
- Demonstrated clinical experience in Occupational Therapy assessment and intervention in paediatrics and/or chronic pain management.

Desirable

• Demonstrated experience in working with complex health presentations, requiring liaison with multiple professions.

KEY SELECTION CRITERIA

- Well-developed assessment and intervention skills specific to Pain Management, including risk assessment, education provision and community referral/documentation.
- Well- developed interpersonal skills and an ability to communicate and negotiate with multiple stakeholders in a professional, efficient, and sustainable manner
- Commitment to evidence-based practice and demonstrated integration of principles to occupational therapy clinical practice, supervision/mentoring and service innovation.
- Demonstrated ability to work within a multidisciplinary team environment, with direct/indirect supervision appropriate to scope of practice. Ability to provide clinical service in context of family-centred care.
- Ability to educate patients/parents/carers/multidisciplinary team and members of the wider community to minimise risk and promote successful outcomes in patient care.
- Commitment to Quality Improvement principles, and evidence of initiation, implementation, and completion of projects
- IT/computer proficiency and literacy

OTHER REQUIREMENTS

• Employees are required to undertake a National Criminal Record Check and a Working with Children Check prior to commencing employment.



- Employees are required to maintain a valid Working with Children Check throughout their employment.
- A current, full driver's licence for the State of Victoria which is appropriate for the type of vehicle being driven, and comply with any restrictions on their licence (e.g. wearing glasses) while undertaking hospital duties (If applicable)
- Employees are required to maintain compliance with RCHs "Staff Immunisation Prevention of Vaccine Preventable Diseases" procedure.

IMPORTANT INFORMATION

All employees are required to adhere to the Royal Children's Hospital Values:

- Curious We are creative, playful and collaborative.
- Courageous We pursue our goals with determination, ambition and confidence.
- Inclusive We embrace diversity, communicate well, build connections and celebrate our successes together.
- Kind We are generous, warm and understanding.

RCH COMPACT

All new and existing employees commit to the RCH Compact to contribute to a strong and respectful culture.

- We do better work caring for children and families when we also care for each other.
- I bring a positive attitude to work I share, I laugh, I enjoy other's company.
- I take responsibility for my behaviour and its impact on others.
- I am curious and seek out ways to constantly learn and improve.
- I celebrate the good stuff, the small stuff, the big stuff it all matters.
- I speak up when things aren't right.
- I value the many different roles it takes to deliver great patient care.
- I actively listen because I want to understand others and make better decisions.
- I am inclusive and value diversity.
- When it comes to teamwork, I don't hold back I'm all in

QUALITY, SAFETY AND IMPROVEMENT

RCH employees have a responsibility and accountability to contribute to the organisation's commitment to Quality, Safety and Improvement by:

- Acting in accordance and complying with all relevant Safety and Quality policies and procedures
- Identifying risks, reporting and being actively involved in risk mitigation strategies.
- Participating in and actively contributing to quality improvement programs
- Complying with the requirements of the National Safety & Quality Health Service Standards
- Complying with all relevant clinical and/or competency standards
- Complying with the principles of Patient and Family Centred Care that relate to this position.

The RCH is committed to a diverse and inclusive workforce. We encourage applications from Aboriginal and Torres Strait Islander people, people from culturally and/or linguistically diverse backgrounds, all members of the LGBTQI community and people with disability.

| Position description last updated | January 2024 |
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