

# **Position Description**

Position title	Consultation Liaison Nurse	
Department / Division	Mental Health / Medicine	
Classification	RPN Grade 4 (NP75-77)	
Position reports to	Operational: Hospital Specialties Coordinator Professional: Senior Psychiatric Nurse	
No. of direct & indirect reports	N/A	
Location	The Royal Children's Hospital, Flemington Road, Parkville	
Risk category	Category B - works in a patient facing setting but rarely or unlikely to have contact with blood or body fluids (or aerosols without PPE)	

## The Royal Children's Hospital

The Royal Children's Hospital's (RCH) vision is A world where all kids thrive.

RCH is located within the Melbourne Biomedical Precinct, with more than 45 world-class biomedical organisations and more than 50,000 of the brightest minds working together to make the Precinct number one in the Asia Pacific region for health, education, research, and training. Within this, RCH is also a cornerstone member of the Melbourne Children's Campus, partnering with Murdoch Children's Research Institute, The University of Melbourne Department of Paediatrics and The Royal Children's Hospital Foundation. Each organisation contributes to a paediatric academic health centre which is greater than the sum of its parts.

RCH has cared for the children and young people of Victoria for more than 150 years since it was founded in 1870. A full range of paediatric and adolescent health services are provided plus tertiary and quaternary care for the most critically ill and medically complex patients in Victoria. Tasmania, southern NSW and other states around Australia and overseas. The RCH is the only provider of heart transplant services and CAR T-cell therapy for paediatrics in Australia. RCH is an effective advocate for patients and their families with a particular focus on vulnerable children and increasingly, mental health in young people. The hospital also supports many health promotion and prevention programs. The Hospital has more than 6,000 staff, a budget of \$850M, 12 wards and 350 beds. Annually, the RCH has 300,000+ Specialist Clinic appointments, 90,000+ Emergency Department presentations and 20,000 elective surgeries.

We work collaboratively with hospitals to deliver the right care, in the right place, at the right time. The RCH is committed to the Child Safe Standards <u>https://www.rch.org.au/quality/child-safety/</u>.

RCH enjoys high employee engagement and is committed to staff safety and a positive culture through enactment of our Compact.

Further information on RCH is available at <u>www.rch.org.au</u>

## ROLE CONTEXT

RCH Mental Health comprises community- and hospital-based services. This role is with Hospital Consultation-Liaison, which provides psychiatric services to medical inpatients. The service also consults to families and carers, wards, medical units and allied health services about the management and support of inpatients with mental health



problems. The role is based at the main hospital campus in Parkville, although the service may have occasion or need to deploy staff to other sites if required.

## ROLE PURPOSE

The RPN 4 utilises training and substantial work experience (usually at least five years) to achieve expert knowledge of RPN practices and procedures. The Consultation Liaison (CL) nurse aims to improve outcomes in patient care from a mental health perspective through working directly with patients and indirectly through increasing the capacity of staff to recognise and attend to the mental health needs of patients in these settings. The CL nurse works with patients and their relatives providing expert mental health assessment and intervention; provides guidance, education and support to generalist staff caring for the patient and collaborates with them in developing a plan of care; acts as a positive role model to generalist staff in psychiatric - mental health care and practice; works with the organisation or department as a mental health resource on mental health related projects, education and policy development; and acts as a link between generalist and mental health services (public and private, hospital and community).

## **KEY ACCOUNTABILITIES**

#### **Clinical Practice**

- Provide expert clinical knowledge and skills, in the assessment and management of patients within area of specialisation
- Stay updated on current research, trends and advancement in nursing practice to enhance clinical knowledge and inform evidence-based care decisions
- Acts as a clinical resource, advisor and technical expert
- Collaborate and consult with healthcare teams, patients and families/carers to develop and implement patient care plans, ensuring the delivery of high quality, safe and efficient care

#### **Optimising Health Systems**

- Participates in multi-disciplinary meetings, working groups and committees to contribute nursing perspectives and advocate for patient and family centred care
- Promotes and supports a culture of continuous improvement with consideration of policies, regulations and accreditation standards
- Coordinates the development and review of clinical guidelines for the service using an evidenced based approach and participates in developing these across the organisation
- Use of data to extend knowledge, inform quality clinical decision making and enable improved outcomes

#### Education

- Develop and deliver educational programs, workshops and in-service training for nurses and other health care professionals within the service and organisation
- Facilitate the provision of relevant education and information to the family to empower them as partners in their care
- Provides culturally and cognitively appropriate healthcare education to patients and their families on conditions, treatment plans, and self-care strategies
- Collaborate with education specialists to facilitate the development, implementation, and evaluation of speciality education resources
- Maintain currency with evidence-based practices, research findings, and educational resources relevant to the specialty area

#### Research and Improvement



- Contribute to quality by identifying areas for improvement, collecting and analysing data and implementing evidence-based strategies
- Monitor and evaluate clinical practice and demonstrate analytical skills in accessing and evaluating health information and evidence
- Participates in projects and/ or clinical trials, collaborates for improved patient outcomes
- Translate research findings into clinical practice, contributing to the advancement of nursing knowledge and patient care outcomes

## **Professional Leadership**

- Act as a positive role model and uphold professional conduct
- Provide leadership and guidance to nurses, promoting a positive work environment and fostering a culture of continuous improvement
- Provides active leadership to ensure the nursing profession is represented in decision making
- Attendance at, and participation in clinical supervision as a formal process of reflective practice and support
- Demonstrate nursing leadership through professional role modelling and formal mentorship

## QUALIFICATIONS AND EXPERIENCE

#### Essential

- Current registration as a Registered Nurse with the Nursing and Midwifery Board of Australia (NMBA) administered through the Australia Health Practitioner Regulation Agency (AHPRA)
- Demonstrated commitment to ongoing personal and professional development as evidenced in a Continuing Professional Development (CPD) record/Professional Practice Portfolio (PPP)
- RPN4 must hold a post graduate diploma in psychiatric/mental health nursing or have completed a specialist undergraduate Mental Health Nursing program or a specialist post basic course of training which led to registration as a Division 3 Nurse.

## Desirable

• Recent experience working in a paediatric or acute mental health setting

#### **KEY SELECTION CRITERIA**

- Demonstrated advanced clinical knowledge and expertise in specialty area
- Demonstrated awareness and understanding of legal obligations when working in a ICYAMHWS context
- Experience in mental health triage, crisis management and intervention
- Proven ability to apply advanced clinical reasoning and critical thinking skills to complex patient care situations
- Demonstrated interest or experience in research, quality improvement and program evaluation
- Ability to critically appraise research findings and apply evidence-based practices to improve patient care and outcomes
- Evidence of ongoing professional development and a commitment to staying informed of current evidencebased practices
- Commitment to providing patient and family centred care
- Proven ability to lead and adapt to change within a healthcare environment
- Excellent communication skills, both written and verbal, with the ability to convey complex clinical information to a diverse audience



- Demonstrated ability to practice autonomously as well as within a multidisciplinary team
- Demonstrated ability to build and maintain working relationships with key internal and external stakeholders to maximise service coordination and cooperation as well as capacity building

## **OTHER REQUIREMENTS**

- Employees are required to undertake a National Criminal Record Check and a Working with Children Check prior to commencing employment
- Employees are required to maintain a valid Working with Children Check throughout their employment
- A current, full driver's licence for the State of Victoria which is appropriate for the type of vehicle being driven, and comply with any restrictions on their licence (e.g. wearing glasses) while undertaking hospital duties (If applicable)
- Employees are required to maintain compliance with RCHs "Staff Immunisation Prevention of Vaccine Preventable Diseases" procedure.

## **IMPORTANT INFORMATION**

All employees are required to adhere to the Royal Children's Hospital Values:

- Curious We are creative, playful and collaborative
- Courageous We pursue our goals with determination, ambition and confidence
- Inclusive We embrace diversity, communicate well, build connections and celebrate our successes together
- Kind We are generous, warm and understanding

## **RCH COMPACT**

All new and existing employees commit to the RCH Compact to contribute to a strong and respectful culture.

- We do better work caring for children and families when we also care for each other
- I bring a positive attitude to work I share, I laugh, I enjoy other's company
- I take responsibility for my behaviour and its impact on others
- I am curious and seek out ways to constantly learn and improve
- I celebrate the good stuff, the small stuff, the big stuff it all matters
- I speak up when things aren't right
- I value the many different roles it takes to deliver great patient care
- I actively listen because I want to understand others and make better decisions
- I am inclusive and value diversity
- When it comes to teamwork, I don't hold back I'm all in

## QUALITY, SAFETY AND IMPROVEMENT

RCH employees have a responsibility and accountability to contribute to the organisation's commitment to Quality, Safety and Improvement by:

- Acting in accordance and complying with all relevant Safety and Quality policies and procedures
- Identifying risks, reporting and being actively involved in risk mitigation strategies
- Participating in and actively contributing to quality improvement programs
- Complying with the requirements of the National Safety & Quality Health Service Standards
- Complying with all relevant clinical and/or competency standards



• Complying with the principles of Patient and Family Centred Care that relate to this position

The RCH is committed to a diverse and inclusive workforce. We encourage applications from Aboriginal and Torres Strait Islander people, people from culturally and/or linguistically diverse backgrounds, all members of the LGBTQI community and people with disability.

Position description last updated	June 2025
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