Outdoor Safety

Safety Centre

- Create safe play areas for children – separate play areas from driveways and roads
- Children must be within eyesight of an adult at all times while outdoors
- Mulch, river sand, rubber and other soft materials can create a softer landing place in case of falls from play equipment
- Riding on tractors, mowers, all-terrain vehicles (ATVs) and trailers is dangerous for children
Choking Prevention

Safety Centre

- Be aware of foods that can choke children, such as lollies, apple, meat and nuts
- Objects smaller than a D size battery can choke children under 3 years
- Encourage children to sit calmly and enjoy an unhurried meal
- Check toys regularly for any small loose parts

ExxonMobil Australia is proud to be a major sponsor of The Royal Children’s Hospital Safety Centre
HOME SAFETY AND SURROUNDS

Burns and Scalds Prevention

Safety Centre

- Keep children’s play areas away from your kitchen
- Keep children away from hot foods and liquids
- Use a fixed firescreen or heater guard on open fires and heaters
- In case of burns and scalds, hold injured area under cold, running water for 20 minutes. Seek medical attention
Falls Prevention

- Always use a 5 point harness in high chairs, prams and supermarket trolleys
- Safety gates help prevent falls on stairs
- Remove tripping hazards from the floor including toys, rugs and electrical cords
- Bunk beds should only be used by children over 9 years
Poisoning Prevention

• Install child resistant locks on all cupboards where chemicals, medicines and cleaning products are kept

• Leave all chemicals, medicines and cleaning products in their original containers and follow the directions on the label

• Put all chemicals, medicines and cleaning products away immediately after use

• If your child has swallowed something poisonous, take the container and the child to the phone and call 13 11 26 (24 hrs)
Water Safety

Safety Centre

- Children can drown quickly and silently in a few centimetres of water. Ensure children are in constant visual eye contact and within arms reach of an adult at all times when in and around water.
- Empty water from baths, buckets and wading pools immediately after use.
- It is illegal for pools and spas not to be fenced off. Remove any objects which can be used to climb over the fence.
- Parents and caregivers should do a first aid course and learn infant and child cardiopulmonary resuscitation (CPR) in case of an emergency.