



Subcutaneous methotrexate

>>> Training checklist for home administration

Methotrexate: Training checklist for home administration

Patient

Parent/Carer

Aims of the program

- a. To provide adequate information both verbal and written allowing Parent/Carer/Patient to make an informed decision about subcutaneous methotrexate therapy.
- b. The Parent/Carer/Patient will demonstrate competent, effective and safe administration, storage and disposal of subcutaneous methotrexate.

Rheumatologist

Rheumatology nurse

Expected Outcome	Assessed Competent	Signature
Parent/Carer/Patient will be able to answer questions related to the reasons for using subcutaneous methotrexate for their child's condition.		
Parent/Carer/Patient can describe and recognize the potential complications, side effects and interactions of methotrexate		
Parent/Carer/Patient can describe the circumstances when you would not administer subcutaneous methotrexate		
Parent/Carer/Patient can accurately check injection details such as the right drug, the right dose, right site, time of administration and expiry date.		
Parent/Carer/Patient can describe the following safety requirements for methotrexate injections		
a. How it should be stored		
b. Checking the equipment and medication		
c. How to prepare the methotrexate safely		
d. The type of environment required for home administration		
e. How to avoid needle contamination		
f. How to deal with a needle stick injury		
g. The reason for hand washing		
h. How to deal with spills on surfaces, skin and eyes		
i. How to dispose of used sharps and waste		
j. The reason for using gloves		
k. How to transport and travel with methotrexate		
Parent/Carer/Patient can identify areas on the body where subcutaneous methotrexate injections can be given.		
Parent/Carer/Patient can discuss the rationale and arrangements for blood monitoring while on methotrexate therapy.		
Parent/Carer/Patient demonstrates safe and correct injection technique.		

ROYAL CHILDREN'S HOSPITAL



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