Safety concerns exist about how a child will travel home by car

- Trial child’s existing car restraint on ward
  - Inappropriate design?
    - Modify car restraint *(e.g. padding, extended crotch strap)*
      - Not a perfect fit?
        - Too much padding? Unsafe?
          - Not a perfect fit?
            - Follow medical exemption process (i.e. *Advice to Carer and Medical Exemption* letters; carbon copy form)
              - Difficulties encountered?
                - Refer to Occupational Therapy
  - Not a perfect fit?
    - Child is safe to travel home by car

Prescribe a new car restraint

Which restraint?

- Birth weight – 12kg < 6 months
- 12kg – 18kg 6 months - < 4 years
- 14kg – 26kg 4 years - < 7 years

Choose a new restraint to hire

- What is the child’s weight (with plaster) and age?

  - Birth weight – 12kg < 6 months
    - Rearward facing*
  - 12kg – 18kg 6 months - < 4 years
    - Forward facing
  - 14kg – 26kg 4 years - < 7 years
    - Booster

Safeguard

Safeguard Maxi Rider

Maxi Rider

* Some restraints only have an upper weight limit of 9kg

It is recommended that children only transition to the next restraint once they have reached the weight and/or height limit of their current restraint

# Choose the restraint with the least amount of modification/s

Last Reviewed: February 2015
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The Royal Children’s Hospital