

NASAL CANNULA FITTING GUIDE

# THE FOLLOWING IS A SUGGESTED PROCEDURE FOR APPLYING THE OPTIFLOW JUNIOR NASAL CANNULA (OPT312, OPT314, OPT316, OPT318):

### FITTING

1 Setup

Set up the gas supply, humidifier and breathing circuit.

### **2** Select Cannula Size

- Prongs should not fill the nares and a clear gap should be visible around each prong.
- The sizing chart on the following page can be used as a guide.
- If the infant can fit two sizes, select the smaller size.

### **3** Prepare Skin

Ensure infant's face is clean and dry. Follow your hospital's protocol for skin preparation.

### **4** Connect to Gas Source

Connect the cannula to the gas source. *Tip: Place hand close to nasal prongs to ensure that there is gas flow exiting the prongs.* 

### **5** Remove First Wigglepad Tabs

**Without touching the adhesive,** remove the first backing tabs from Wigglepads, leaving the second backing tabs in place.

#### 6 Place Cannula

- Once applied, the cannula bridge may move away from the septum as the cheeks relax. Refer to Placement Checks for correct positioning during use.
- Hold the ends of the pads and apply slight tension to the cannula.
- Position the prongs as far into the nares as possible such that the cannula bridge rests just underneath the septum.
- Position horizontally across the face and stick Wigglepads onto the cheeks.

### Secure Cannula

Remove the second backing tabs and stick the Wigglepads onto the infant's cheeks. Ensure the Wigglepads are well adhered to the face.

2 SELECT CANNULA SIZE						
	SIZE RANGE		ENSURE GAP AROUND PRONGS			
	<b>,</b>	Premature Size	Here .			
	<b>i</b>	Neonatal Size	(PR			
	918	Infant Size	00			
	÷.	Pediatric Size	× ✓			









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### **PLACEMENT CHECKS**

### **1** Sensitive Septum

Check that the nasal cannula does not apply any pressure to the infant's septum. Ensure a **slight gap** is visible between the cannula and the septum. Adjust cannula position if required.

### 2 Cheeky Check

- Gently squish the infant's cheeks to check the prong placement in the nares.
- If prongs come out of the nares, adjust cannula further into the nares according to instructions. Repeat the cheeky check.

### **3** Tidy Tubing

Ensure that the baby is not lying on the tubing and that the flow path is maintained.

## **CANNULA REMOVAL/ADJUSTMENT**

#### Always readjust cannula while patient is supine.

To temporarily remove or adjust the cannula on the Wigglepads:

- Place fingertip on the outside edge of Wigglepad.
- Gently peel the cannula pad away from the Wigglepad starting from the outside and working in towards the infant's nose.
- To adjust, reposition prongs into nares and place cannula back onto Wigglepads.

### WIGGLEPAD REMOVAL/ REPLACEMENT

Lift edge of the Wigglepad and using a **wet cloth** wipe the skin and underside of the Wigglepad while gently peeling Wigglepad from face. Refer to sizing chart for Wigglepad spares.

Note: Attach spare Wigglepad to cannula prior to applying to face.







### **SIZING CHART**

F&P OPTIFLOW JU	INIOR		
OPTIFLOW JUNIOR NASAL CANNULA	ITEM CODE	APPROX WEIGHT (KG) 2 4 6 8 10 12 14 16 18 20 22	SPARE WIGGLEPADS
Premature Size	OPT312	Max. flow 8 L/min	OPT010
😿 Neonatal Size	OPT314	Max. flow 8 L/min	
infant Size	OPT316	Max. flow 20 L/min	OPT012
🥹 Pediatric Size	OPT318	Max. flow 25 L/min	

IMPORTANT: Always refer to the user instructions supplied with the product for full set up instructions, warnings, contraindications and explanations.



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