Stock required

• Dressing pack.
• Cotton balls (a few more than the number of pins).
• Clean scissors.
• Sterile gloves.
• Non-sterile gloves.
• Sterile water.
• 5cm Handyband™ bandages × 2.
• Silver hexagon dressings (Figure 1).

Procedure

• Wash hands.
• Open all sterile stock to be used.
• Pour water into water tray.
• Remove old dressings using non-sterile gloves (and one pair of scissors if needed).
• Wash hands and put on sterile gloves.
• Clean each pin site with a separate water soaked cotton swab (Figure 2).
• No attempt is made to remove scabs/crusts from skin. These will fall off when ready.

• Dress each pinsite with a hexagon dressing (Figure 3).
• Bandage pins in groups, as shown (bolstering) (Figure 4).

Figure 4
• Wrap around a couple of times, then bandage through the centre of the pins in a figure of 8 fashion if possible.
• Bandage close to the edge of the fixator.
• Tuck the edges of the bandages into the dressing bulk, or use tape to secure (Figure 5).

Figure 5
• Dress every 7 days.

Problems or queries

Limb Reconstruction Service
9345 7027 or via switchboard on 9345 5522 (Note if there is no answer, please refer to the ward or leave a message).
If you have an urgent query, page the orthopaedic registrar or the limb reconstruction fellow through the hospital switchboard, on (03) 9345 5522.

Web
www.rch.org.au/limbrecon/