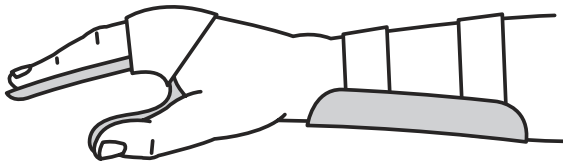


What is the purpose of your splint?

How to use your splint

- ▶ Apply the splint to a clean hand and/or arm.



- ▶ To reduce problems from sweating in the splint:
 - a) use Curash or Prantal powder on the skin under the splint, or
 - b) use an absorbent fabric liner such as, Chux, nappy liners or cotton socks.

Care of your splint

- ▶ Splints need to be cleaned at least once a day.
- ▶ To clean the splint, wash with soap and water. Rinse well and dry with a cloth.
- ▶ Wash the straps if necessary with soap and water. Do not put the straps in a tumble dryer.
- ▶ Keep the splint away from heat.
 - Do not leave in a car on a hot day.
 - Do not put in hot water.
 - Do not leave near a heater.
- ▶ Do not let your dog play with the splint.

Precautions

Contact your occupational therapist if you experience any of the following:

- ▶ sore red marks from where the splint may be rubbing against your skin
- ▶ pain
- ▶ swelling
- ▶ a rash
- ▶ numbness or 'pins and needles'.

DO NOT alter the splint in any way.

Specific recommendations

Wearing time:

Other:

Name of Therapist:

Phone:

Please contact your occupational therapist if you have any queries about the above information.