White Pupil in Photo – What should a parent do?

What should I do if I have taken a photo of my child and I see a white pupil?

If you have taken a photograph of your child and you see a white pupil, follow these instructions FIRST.

1/ Photos should be taken with a REGULAR camera (not a smartphone)

2/ Switch the RED EYE REDUCTION function OFF

3/ Turn the lights down in the room

4/ Switch off any table lamps or TV to avoid unwanted reflections

5/ Hold your camera about 4 metres from your child and use the zoom to focus on your child’s head.

6/ Take several photos – front on and from the side.

7/ Review your photos CAREFULLY

8/ IF YOU STILL SEE THE WHITE PUPIL or any abnormality you are concerned about go to your GP and show the photos you have taken.

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Photoleukocoria Study: Encouraging the Early Detection of Retinoblastoma and Childhood Blindness

Wall behind the child

Child facing camera with eyes open.

Flashlight to illuminate wall

Dim Lights:
Only bright enough to move around without bumping into anything

Compact digital still camera with built-in arc flash

Flash – On
Anti Red Eye – Off

Program Mode

4 meters