Contacts

Royal Children's Hospital

Switchboard: 9345 5522

Nephrology: 9345 5054

PD Coordinator: 9345 5721/0481 010 628

Koala Ward: 9345 5702

If you need to speak to the PD Coordinator please call the hospital and ask to page 5721

For after hours (evenings and weekends) medical advice please call RCH switchboard and ask for the nephrologist on-call.

Fresenius

Stock Ordering: 1800 012 808

Please ask for Rhonda regarding any home orders.

Technical Services: 1800 757 378 (24hours)

Call this number for any MACHINE problems 24 hours a day. Please leave a message if there is no answer and a technician will return your call.

When you get home

Equipment delivery:

The PD coordinator or a Fresenius representative will do a home visit to check equipment delivery and assist with set up. They will check that you have everything you need to commence PD and attend to exit site care.

Set up equipment for ease of use:

- Set the machine trolley to the same level as the child's bed
- Remove the machine from the case and place on trolley
- Clean the machine with chlorhex and paper towel

Degass Machine:

- 1. Put in the memory card
- 2. Press the smiley face/teddy bear icon
- 3. Press the machine picture
- 4. Press the blue bubble icon
- 5. Press the forward arrow to begin the manual check. It will prompt to ensure the machine is empty; at this time ensure the inside of the machine in clean.
- 6. Clean inside the tray with alcohol wipes

Ensure that you have all the supplies ready for evening dialysis.

Supplies & Equipment:

- Ensure that supplies (fluids, dressings etc) are set up in a convenient, clean, dry place.
- Ensure that you can easily read the barcodes of the equipment for ease when stocktaking.

Please do not hesitate to call if you have any questions when you get home.

Peritonitis/Troubleshooting

PERITONEAL DIALYSIS IN CASE OF AN EMERGENCY

If you suspect peritonitis:

- Collect a sample see <u>"How to collect a PD sample"</u>
- Call PD coordinator 9345 5721 or switch 9345 5522 and page 5721 (8am 4.30pm Mon-Fri)
- If after hours or weekend call Switch 9345 5522 and ask for the nephrologist on call.

Questions you may be asked:

- Is the fluid cloudy
- Does your child have a fever
- Does your child have abdominal pain, nausea or vomiting
- Is the catheter and betadine cap intact

Action:

- You may be asked to put cephazolin into a 2L 1.5% PD bag see "<u>How to prepare Intraperitoneal</u> <u>Cephazolin".</u>
- You may be asked to bring your child to RCH for review or admission.
- If your child is significantly unwell call 000 Ambulance.

Please do not hesitate to call.

Peritonitis is a serious condition and should be acted on ASAP!!!!

Peritonitis/Troubleshooting

What do I do if my/my child's bag drain bag is cloudy?

If it happens DURING THE DAY between 8am-5pm

If you notice the fluid in the drain bag is cloudy please call the PD coordinator as soon as possible on:

- 1. 9345 5721 or
- 2. 9345 5522 (switch) and ask for pager 5721 or
- 3. 9345 5054 (nephrology office)

After 5 pm weekdays and on weekends and public holidays

Call the hospital on 9345 5522 (switch) and ask to speak to the nephrologist on call. They will ask about specific symptoms and direct you as to what to do next.

Likely plan:

- Present to RCH Emergency
- A PD Specimen will be taken
- Prophylactic antibiotics administered
- Await results for more specific treatment

Collecting a PD sample

Equipment:

- 1. Manual drain bag
- 2. Betadine cap
- 3. Organiser (remove blue clip)
- 4. Alcohol swab

- 5. 19g needle
- 6. 30ml Syringe
- 7. Yellow top container
- Place the dial of the drain bag into the organiser (remove blue clip first)
- Remove betadine cap from Tenckhoff and connect manual drain bag
- Unclamp the Tenckhoff and drain a minimum of 50ml into the drain bag
- Once finished draining turn the dial on the bag to 4 dots to engage pin
- Re-clamp the Tenckhoff and place a new betadine cap using the organiser
- It is important to keep both ends of the Tenckhoff and drain bag sterile
- Connect the needle to the syringe and swab the blue port.
- Insert the needle and withdraw 30ml of fluid and place into the sterile jar.
- Never use a syringe to try and drain the Tenckhoff, it should always drain freely.
- If you are unable to drain freely and there is fluid in the peritoneum, contact RCH immediately.
- If you are coming directly to RCH you can bring the drained fluid with you in a bag, no need to place sample into spec jar.

IPAB: How to prepare Intraperitoneal Cephazolin

Required Equipment:

(per bag of balance fluid)

- 1x 1gm Cephazolin Vial
- 1x 10ml ampoule of water for injection
- 1x 10ml syringe
- 1x (19g) needle (brown)
- 1x (23g) needle (blue)
- 2x alcohol swab

Procedure:

- 1) Wash hands
- 2) Wipe down bench with methylated spirits/chlorhex
- 3) Place all equipment on bench
- 4) Remove cover from Cephazolin vial swab top with alcohol swab
- 5) Draw up 9.5 ml water for injections using 19g needle and 10ml syringe
- 6) Tap syringe gently to remove bubbles.
- 7) Insert needle straight into rubber cap of vial
- 8) Push 9.5 ml of water for injection into vial
- 9) Keeping needle and syringe in vial shake until powder dissolved
- 10) Make sure the point of the needle is under the fluid level in the vial
- 11) Withdraw the required amount of fluid from the vial
- 12) For a 2 litre bag of balance fluid draw up 2.5mls

 For a 5 litre bag of balance fluid draw up 6.25mls
- 13) It is better to withdraw too much fluid and discard the excess from the syringe
- 14) Remove the needle from the vial
- 15) Gently tap syringe to remove bubbles
- 16) Ensure the correct dose by pushing plunger to the correct level
- 17) Remove the 19g needle and place new 23 g needle on syringe
- 18) Swab rubber bung on balance fluid bag (blue) and let dry
- 19) Insert needle into blue bung (being careful not to pierce the bag) and push in solution
- 20) Mix bag and set up PD as usual for a 5lt bag or perform a manual dwell as directed for a 2lt bag see instructions on "how to perform a manual dwell"

Troubleshooting

What to do if your machine breaks down

- Clamp the Tenckhoff at the patient end and call technical support
- If device fault and treatment unable to continue:
- Cease all treatment
- Disconnect child from the machine
- Manual drain if in dwell at the time of fault
- Call nephrologist on call to notify of issue
- PD CNC will follow-up in AM
- Turn off machine (if it will not turn off, turn off power supply and leave it to turn off by itself)

SWAP OUT: If a device fault occurs you may require a new machine. In the unlikely event a new machine cannot be delivered the next day call the PD CNC 9345 5721 or Koala ward 9345 5702 (after hours) and a machine can be loaned from the ward if available.

Please also contact the PD coordinator if you are having ongoing faults or irregular alarms on your machine. This may mean that the device is faulty and should be swapped out before a device fault occurs.

FAULTS

24 Hour Technical Support 1800 757378

If you can remember at the time of the fault to write down the fault code. This will appear in the top right hand corner of machine and will be a letter followed by numbers. This detail will help determine the exact fault and we can inform you of how to troubleshoot if it occurs in the future.

sleep•safe Icons List

	Continue Confirm Next screen	1	Menu reserved for the physician or the nurse to enter treatment data	%	Selection of the glucose concentration
	To previous screen		Menu for changing patient-related settings	%	Selection/indication of the flow rates
4	Increase a value		Menu for changing patient-related options	°C	Selection of the inflow temperature
	Decrease a value	STOP	Aborts the treatment	2	Edit level
?	Online help	$\dot{\bigcirc}$	Turn cycler off		Statistics of the last treatment
	Pause treatment		Show current treatment results		Identifies a pediatric treatment
	Confirm data entered		Programming a new treatment Adding a PD-PLUS cycle	\odot	Duration of the treatment in hours and minutes Time statistics
×	Discard changes Return without making any changes	AB	Selecting the treatments on the patient card		Icon for automatic filling and draining
	Information on: Current cycle Treatment results Alarms and bags		External key to confirm actions	7	Selection of audible alarm volume
	Previous page	3	Basic therapy settings		Mute
	Next page	PD Plus	Entering parameters for the PD-PLUS treatment	ý	Display brightness
	Menu for changing cycler-related settings		Selection of the solution type		Screen saver

1 2 3	Calendar Setting the date	* *	Icon for connecting the drainage bag / drain line extension		Outflow settings
Û,	Displaying/changing the patient limits	K	Icon for the number of cycles		Selection of the initial outflow volume
	Icon for inserted patient card	6 0 0 0 0	System check icon	1	Initiating a manual outflow
	Saving treatment data to patient card		Dilution factor		Cycle settings
	Alarm delay		Inflow settings		Button for changing the settings during the treatment
	Alarms list		Last inflow settings	47	Selection of the number of cycles for the Standard treatment
Z	Cycler busy icon Please wait		Alarm last Inflow	M	Selection of the number of base cycles
<u>^</u>	Symbol for: Alarm Caution Warning		Dwell time		Selection of the number of Tidal cycles
	Icon for opening the catheter extension		Stop dwell time		Selection of the base inflow and the base outflow volume
•	Icon for closing the catheter extension	: ()	Welcome icon		Selection of the Tidal cycle
	Icon for connecting the catheter extension	30)	Start of treatment icon		Selection: identical glucose concentration for all inflows
•	Icon for disconnecting the catheter extension	+	Additional Outflow	7-6-5	Programming a glucose profile with different glucose concentratios per cycle

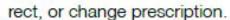
sleep • safe Set Up & Connection Procedure

Turn machine ON.

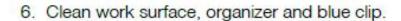
- Check patient card is in the machine.



Touch the smiley face.



- 4. Check prescription displayed is cor-
- Wash your hands.



- Collect equipment and place on work surface.
 - 5L solution bags
 - sleep•safe set
 - Drainage, line, bag or container
 - New disinfection cap



- Check PD solution bags, for glucose %, expiry date and leaks.
- Open outer pouches of sleep•safe set and solution bags.
- 10. Then press forward arrow.



- 11. Wash hands as instructed by your PD Unit.
- Insert the sleep safe set into the loading tray.
- Place the patient line in to the organizer.
- 14. Press forward arrow to continue.



Disinfect your hands.

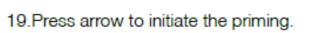






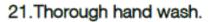
sleep•safe Set Up & Connection Procedure

- 16. Hang fluid bags, uncoil tubing, remove coloured cap and place connector in to loading tray.
- Press arrow and the loading tray will close.
- Connect drain line to bag, or place in to container.





Remove your catheter extension from your clothing.



23. Disinfect your hands.

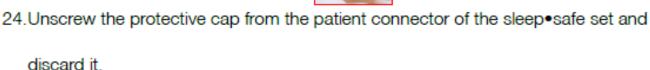


Place your catheter in the organizer.









 Unscrew your catheter extension from the old disinfection cap. Screw catheter extension onto the patient connector of the sleep esafe set.



- 26.Open the white clamp on your catheter extension.
- Confirm your connection using designated key.
- Press arrow to start treatment.







sleep•safe/Safe•Lock® balance 5L solution bag





Innovative safety chamber

- Biocompatible PD solution in high volume double chamber bags means less bags and fewer connections are required per treatment
- Thanks to the innovative safety chamber, unmixed solution cannot be inflowed, thus offering more safety
- Easy to handle and to carry thanks to the design of the bag and outer wrapper
- Available with sleep safe or Safe Lock® connector
- The solution bags are made from Biofine[®], a plasticiser-free material
- Less waste due to the fact that fewer bags are needed for one treatment





Solution A: Acidic glucose-based electrolyte solution Solution B: Alkaline lactate solution



Easy to handle and carry with a handgrip integrated into the outer wrapper



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Handling instructions











- Unfold the middle peel seam and the bag connector
- Roll up the bag which is lying on the outer wrapper diagonally towards the bag connector
- 3 The middle peel seam will open and the solution will be mixed
- Continue until the peel seam of the small chamber opens as well
- ⑤ Check that all peel seams are completely open. Check that the solution is clear and that the bag is not leaking

If you are using the sleep*sale cycler it will remind you about this mixing procedure if a double chamber bag is used.



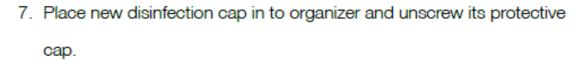
Fresenius Medical Care Deutschland GmbH - 61346 Bad Homburg v. d. H. - Germany - Phone: +49 (0) 6172-609-0 - Fax: +49 (0) 6172-609-2191 Head office: Bise-Kröner-Straße 1 - 61332 Bad Homburg v. d. H. www.fmc-ac.com

sleep•safe Disconnection Procedure

- Touch the black screen and confirm End of Treatment
- Open outer wrapper of disinfection cap and leave in packaging.
- Turn the blue button on the patient connector clockwise and firmly push the blue button.



- Close the white clamp on your catheter extension.
- Insert the patient connector of the sleep safe set in to the organizer.
- Disinfect your hands.

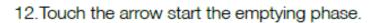


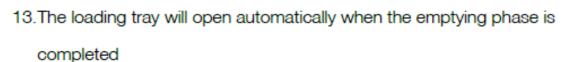


Unscrew your catheter extension from the patient connector and on to new disinfection cap.



- Remove your catheter extension from the organizer.
- Confirm your disconnection by pressing the external button
- Your treatment results, are available for you.







- Remove sleep safe set, empty solution bags and discard.
- Confirm by touching the arrow.
- The loading tray will close and system check will begin.
- The sleep safe turns itself off and remains in standby mode.









Exit Site Care

Tenckhoff Exit Site:

- The Tenckhoff exit site must be kept dry and clean at all times
 A moist exit site creates granulomas and increases the risk of infection
- The exit site must be changed immediately after every bath or shower
- The dressing should be changed every 2-5days depending on age
 More frequent changes may be necessary when infection is present
- If the exit looks moist, oozy or red notify the PD co-ordinator or nephrologist on-call immediately
- Mupirocin (bactroban) cream or medi-honey wound gel may be required
- In cases where a granulona is present silver nitrate may be required to burn the granuloma
- Round Acticoat dressings can be used on moist infected exit sites covered with the normal dressing. Acticoat is a siler coated antimicrobial dressing that is effective in treating exit site infections. Acticoat can be left on for 7 days but must be changed after a bath.

Bath Dressing:

- Before the bath, coil the catheter over the existing dressing and cover with tegaderm to minimize water entry
- Bath as normal
- After the bath remove the tegaderm along with the existing dressing
- Clean with normal saline, dry and redress with supplied dressing

Shower Dressing:

- Secure Tenckhoff around waist with elastic or tape
- Remove dressing (before shower or under running water if preferred)
- Shower as normal with antibacterial soap
- Step out of shower and immediately dry exit site with sterile gauze
- Apply supplied dressing and secure Tenckhoff as desired



Palmolive Antibacterial Soft Wash

Sold as a hand wash not body wash

Preferred soap option for Shower dressing

Use when not waterproofing dressing prior to bathing

Never refill pump bottle due to infection control

stay•safe balance Procedure

Preparation



1.1 Social hand wash Collect equipment Olean work surfaces



1.2 Open outer wrapper



1.3 Wash Hands



1.4 Open the middle seam 1.5 Open the Y shaped



seam



1.6 Oheok solution



1.7 Hang bag, place Disc Into organizer



into organizer



1.8 insert disinfection cap 1.9 insert catheter extension Into organizer

2. Connection



2.1 Disinfect hands



2.2 Remove protective cover from disc



2.3 Connect to the system



2.4 Open clamp and DRAIN will commence



2.5 Turn to FLUSH



2.6 Turn to FILL



2.7 Turn to OLOSE

3. Disconnection



3.1 Olose the clamp



3.2 Disinfect hands



3.3 Remove cover from new disinfection cap



3.4 Unscrew catheter extension from disc



disinfection cap



3.6 Close the disc



3.7 Oheck drained dialysate



3.8 Prepare new bag

Manual PD using Fresenius Stay. Safe Set (2L bags)

- Keep child's catheter clamped
- Attach set to child's catheter using the holder
- Unclamp catheter. First drain the child



- After draining reclamp catheter.
- On weigh scales measure how much has drained.
- Turn dial to the 2 dots to prime the line for 10 seconds



- Weigh fluid on scales, it should weigh just under 2L.
- Turn dial to the 3 dots.



- Unclamp catheter. Fill child to prescribed volume. You will need to stop, clamp and weigh the bag a few times to know that the prescribed volume is being reached. It is recognised that the exact volume may not be achieved but +/- 50ml is not harmful.
- It is important to keep child's tenckhoff clamped in between draining and filling.
- When dialysis treatment is complete, turn dial to the four dots to push in blue safety pin, and disconnect set from child's Tenckhoff. Cap tenckhoff with betadine cap.