

Home safety and injury prevention

Falls prevention



- Always use a five-point harness in high chairs, prams and supermarket trolleys.
- Only children over 9 years old should use the top bed of a bunk.
- Safety gates help prevent falls on stairs.
- Remove tripping hazards from the floor such as toys, rugs and electrical cords.
- Allow only one child at a time on a trampoline. It's recommended children under 6 years do not use trampolines.



Education
and Training

The Royal Children's Hospital Community Information

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