

## CHIN – BURNS PREVENTION

Inn ah himtein le khawnden loin umnak

# Mei le a sami nih kangh khamnak



- Mei le a sami kanghnak tamdeuh cu coka ah a cang. Ngakchia lentecelhnak kha coka in a hlatnak ah tuahtiak hna.
- Ngakchia kha a sami rawl le hang (bianaah, lakphak, kofi, tihang asiloah cencerh, khawksuai) tibantuk pawngah umter hna hlah.
- Kholhnak khan kut ttawlnak, hmaiphiahnak le tikholhnak pawl i ti sa chuahnak kha 50°C leng in a satding a si lo.
- Meiphu le meipung hmaiah khan mei khamnak (firescreens) bunhtiak hna.
- Mei le a sami hang nih a kangh sual tik hnaah a kanghnak zawn kha timerh ti kik tangah chia in minit 20 hrawng ti toih ter. Cun siikhan, siizung ah bawmhnak hal.



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Mah ca hi The Royal Children's Hospital nih Department of Education and Training hnatlakpinak in chuahmi a si.