

# Post Intervention Therapy (PIT) Funding



## Information for families of children/adolescents with cerebral palsy undergoing orthopaedic surgery

After your child's operation, they may need more physiotherapy to help get the most benefit from their surgery. They may be eligible for Post Intervention Therapy (PIT) funding to help cover the cost of additional physiotherapy.

PIT funding is available to children/adolescents who:

- are patients of a public hospital in Victoria, discharged in the past 30 days
- are aged 0-18 years and are residents of Victoria
- have a diagnosis of Cerebral Palsy (or a CP-like condition)
- have had orthopaedic surgery (soft tissue or bony).
- require additional physiotherapy services to achieve the agreed upon goals of the orthopaedic surgery.

Most families will choose to use this funding to help pay for their child's regular physiotherapist to provide additional services following the operation. This can be a good idea as this physiotherapist often has a good relationship with your child and has experience working with children with cerebral palsy.

### **How do we organise the PIT funding? Is there anything we need to do before the operation?**

Before your child's operation talk to your child's physiotherapist about the surgery. When you know the date for surgery, let them know so they can make a plan for physiotherapy appointments once your child comes home from the hospital after the operation.

The physiotherapists at the hospital will contact your child's physiotherapist and send them "discharge summary" of what has happened while your child was in the hospital. This summary includes information on the surgery your child had, your child's current mobility and exercise program and any ongoing goals. Your physiotherapist can then apply for PIT funding by completing an application form and sending this to the RCH PIT coordinator who will check if your child is eligible and allocate funding.

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## How much funding will my child get?

The amount of funded physiotherapy depends on many factors, including (but not limited to):

- the type and number of surgical procedures performed
- the goals of the surgery
- your child's age
- Your child's functional abilities.

As all children are different the amount can vary.

PIT is funded at a set hourly rate for direct physiotherapy consultation time provided for your child.

It does not include travel time if your physiotherapist visits your home or school.

PIT funding can only be used to fund physiotherapy. That is, it cannot be used to fund other therapy types such as Occupational Therapy, Chiropractic, Osteopathy, personal training or exercise physiologist sessions.

## What if we don't have our own regular physiotherapist?

If your child doesn't have their own regular physiotherapist, the PIT coordinator can help you find someone within your local area. Alternatively, the PIT coordinator can help organise physiotherapy through a different program, for example, your local hospital or community health centre or the Victorian Paediatric Rehabilitation Service (VPRS) if this is more appropriate in your situation.

## If you have any questions about PIT funding please contact:

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