

positioning for procedures

With a little creativity, these positions can be adapted to suit the child or procedure

Principles:

- 'Hugging hold' is secure and comforting
- Adult provides positive assistance, not negative restraining
- Upright positions promote sense of control and security
- Body / extremity is isolated and allows easy / safe access

A



- Child sits on bed or adult's lap
- 'Hugging hold' torso and feet
- Infants from approximately 6 months like to sit up
- Used with or without distraction

B



- 'Hugging hold' with adult's arm around child's torso and free arm
- Used with distraction
- Adult's free hand on shoulder or forearm of the child
- Give the child the choice to look

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C



- Child sits on adult's lap
- 'Hugging hold' with adult's arm around child's torso and free arm
- Used with distraction

D



- Adult sits on table with child in 'hugging hold'
- Adult places child's arm in front / around torso

E



- Adult behind child
- Child is in contact with adult in a sitting or leaning position
- Distraction is used as a visual block
- Good position for pin care, catheter insertion, dressings