

Your paediatrician and your Family Doctor

Date: / /

There are many ways your family doctor can help you to quit smoking.

Please take this letter to your GP

Dear Doctor,

----- recently attended a consultation
accompanying one of my patients.

I encourage smoking cessation for family members so as to reduce child environmental tobacco smoke exposure and to avoid negative role modelling. I believe this will help to achieve improved child health outcomes in the future. I routinely provide written materials and advice about where to seek further help, for example the family doctor, quitline, etc.

GPs can assist further by providing ongoing support, counselling and medication if appropriate. I would really appreciate your assistance.

Many thanks,

Paediatrician