Practical skills in Development-Behavioural Paediatrics

The 21st Annual Professional Development Program at The Royal Children’s Hospital, Melbourne

Venue: Vernon Collins Lecture Theatre
HELP Precinct, 1st Floor West Building (take Yellow Lifts)
The Royal Children’s Hospital, Flemington Rd, Parkville Vic 3052

Agenda: Day One, Friday 7th October 2016

Session 1
9.00am – 12.15pm Developmental trauma in pre-schoolers: the challenge of recognition and management

Dr Joanna Tully and Dr Bindu Bali
Victorian Forensic Paediatric Medical Service, RCH

Dr Rowena Conroy
Co-ordinator - Senior Clinical Psychologist, Mental Health, RCH

Dr Karen McLean
Paediatrician, Out of Home Care Clinic Director, RCH

Learning Objectives

• to consider the role of developmental trauma in generating a formulation and differential diagnoses for at-risk children who are referred with behavioural concerns

• to develop an approach to the assessment and multidisciplinary management of children who have been exposed to trauma and neglect

12.15pm – 2:00pm Lunch

Session 2
2:00pm – 5:00pm Attachment, regulation and socialisation disorders in pre-schoolers:– can we cope without an ASD label?

Dr Angela O’Hara
Senior Clinical Psychologist, Mental Health, RCH

Learning Objectives

• to develop an approach to assessing children with poorly defined internalising, self-regulation and socialisation symptoms

• to develop child and family-centred management strategies while avoiding ‘diagnosis creep’
Agenda: Day Two, Saturday 8th October 2016

Session 1
9.30am – 12.30pm
Externalising problems in pre-schoolers: maturational delay vs. disorder
Dr Sarah Seth
Child and Adolescent Psychiatrist
Dr Rick Jarman
Developmental Paediatrician, Centre for Community Child Health, RCH

Learning Objectives
• to develop an practical approach to helping parents manage challenging externalising behaviours
• to understand the role of multimodal treatment, including when to consider medication

12.30pm – 1.30pm
Lunch

Session 2
1.30pm – 4.30pm
Spirited, intense and exhausting: the role of temperament on sleep and elimination disorders
Assoc. Prof. Harriet Hiscock
Head of Unit, Health Services Research; Paediatrician, RCH
Dr Suzie Gibb
Department of General Medicine, RCH
Other speaker TBC

Learning Objectives
• to develop an approach to managing challenging sleep and elimination disorders in early childhood
• to understand the role of temperamental variation in influencing response to treatment and parental stress

This program has been designed to meet CPD workshop criteria of 1 point per hour.