



COVID-19 and Kids

Our understanding of COVID-19 and children continues to emerge.
This is what we know.

CO= corona
VI= virus
D= disease
19= 2019

**Children can
 get and
 spread
 COVID-19**

COVID-19 rarely causes severe illness in children and very rarely causes death. There have been no deaths in children in Australia under 10 years

Children who have
 COVID-19 usually
 have **mild
 symptoms**,
 similar to a cold.
 Some have no
 symptoms

The virus is
**spread through
 the air in tiny
 droplets**
 from an infected person's
 nose or mouth when
 they cough, sneeze,
 speak or breathe

Common
 symptoms include
 tiredness, a
 headache, cough,
 fever or sore
 throat

**Children
 who have
 symptoms
 should be
 tested for
 COVID-19**

The **COVID-19
 Delta variant**
 spreads more
 quickly than
 previous
 variants

People may
 become infected by
 touching surfaces
 contaminated with
 the virus then
 touching their eyes,
 nose or mouth

Children –
 like adults – can
**protect
 themselves**
 and others from the virus
 by washing their hands,
 covering their mouth/nose
 when coughing and
 staying home
 if unwell

**Masks are
 effective
 at reducing
 the spread of COVID-19**

**Free
 and safe**
 vaccines are
 available in Australia
 for everyone aged
 12 years
 and over

Vaccinations are
 not yet approved
 for children under
 12 years. Clinical
 trials are
 underway.

**The social isolation,
 lockdowns, school
 closures, and family
 financial hardship
 associated with the
 pandemic affects
 children's health
 and wellbeing**

Children
 experiencing
**disadvantage or
 who have
 pre-existing health
 conditions**
 are at greater risk of
 severe disease

References:

MCRI Frequently asked COVID-19 questions
 MCRI Research Briefs: COVID-19 vaccination/Child and Adolescent Health
 Coronavirus (COVID-19) Victoria. Vaccine information for children and teenagers
 Coronavirus (COVID-19) Vic Dept of Health and Human Services
 Australian Technical Advisory Group on Immunisation (ATAGI)
 WHO Coronavirus disease (COVID-19) pandemic