Before making the appointment:

- **Do you have a referral from a doctor?**
  You must have a referral and you must send your referral to us (fax to 03 9345 5034) before you can make an appointment. A referral from your GP is valid for 12 months and a referral from a specialist is valid for three months.

- **Does your child have a UR (Unit Record) number from The Royal Children's Hospital?**
  If your child has attended the RCH before, they will have a UR number. If not, your child will be given a UR number at their first visit.

**Contact us**

Centre for Community Child Health
Reception D, East Building
Level 1 (via the white lifts)
The Royal Children’s Hospital Melbourne
50 Flemington Road Parkville
Victoria 3052 Australia
TELEPHONE +61 3 9345 6180
FACSIMILE +61 3 9345 5034
EMAIL deskd@rch.org.au
www.rch.org.au/ccch
The Encopresis and Enuresis Clinic at The Royal Children’s Hospital (RCH) Centre for Community Child Health (CCCH) supports children who regularly soil their underwear (encopresis) and/or have wetting problems (enuresis). We also see children with toilet training problems.

You will be bulk billed for your appointment. This means that you will need a referral from your doctor.

The Encopresis and Enuresis Clinic is held weekly.

Encopresis and enuresis

Encopresis or soiling problems usually build up over a period of time and can be associated with constipation or apparent diarrhoea. Most children have no control over the soiling.

Some children have wetting associated with their soiling or only have wetting problems.

It’s normal for your child to have some night-time wetting up to around seven years old. Day-time wetting is a problem if it continues once your child has been toilet trained.

At the clinic, your child will have a full assessment by a doctor, including overall development, associated behaviours, emotional development and family function.

After visiting the clinic

To manage encopresis and/or enuresis, most children will need to follow a regular toileting program, keep a diary and use laxatives. Older children with night-time wetting might need to use an enuresis alarm too.

Clinic staff will liaise with your child’s school to minimise feelings of embarrassment and ensure the toileting program can be followed.

If needed, you will be connected to continence nurses and gastroenterology specialists at The Royal Children’s Hospital.

Encopresis and Enuresis Clinic staff

- consultant paediatricians
- senior paediatric trainees
- clinic coordinators

There might be teaching and research activities in the clinic while you are there.

Appointments

Making an appointment

You can make an appointment by faxing a referral to (03) 9345 5034.

(continued overleaf)