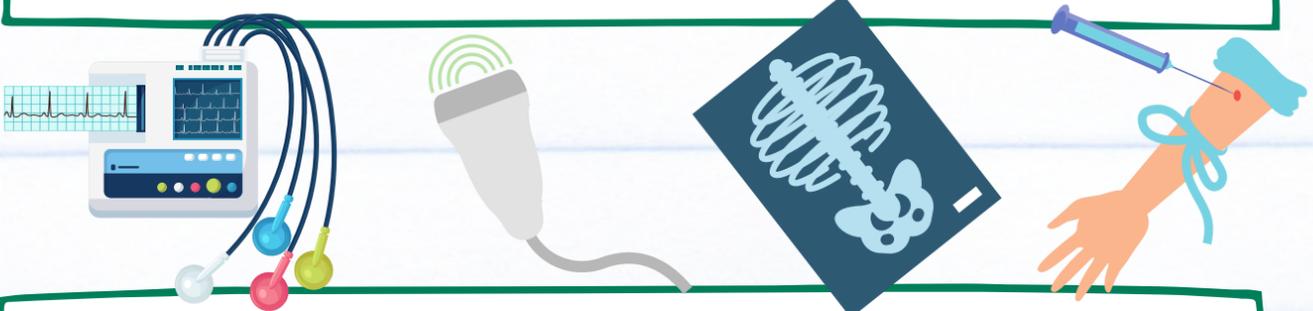


Preparing for CARDIAC PRE-ADMISSION CLINIC AT THE RCH



WHAT IS CARDIAC PRE-ADMISSION?

In Cardiac Pre-admission Clinic we check your child's heart and health before they have heart surgery or a cardiac procedure. Your child is required to attend Cardiac Pre-admission Clinic before their surgery or procedure is scheduled.



WHAT IS DONE IN PRE-ADMISSION CLINIC

They do tests like an ECHO, ECG, x-ray, and blood tests. We also provide you and your child with information about the surgery or procedure and what to expect.

WHERE TO GO

The Pre-admission Clinic is located on the Ground Floor, at Specialist Clinic Desk A3. This area may be familiar if your child has visited the Cardiology Outpatient Department before.

A3

LENGTH OF VISIT

Pre-admission can take a big part of the day, from 8:30 am to 4:30 pm, and sometimes even longer. If you have other children, it's a good idea to have someone else look after them or help with school or childcare pick-up so you can concentrate on your child's appointment and getting ready for their heart surgery or procedure.



WHO YOU WILL MEET

You will meet different members of the team who will be involved in your child's care, which may include nurses, doctors, cardiac surgeons, and other healthcare professional.

The pre-admission nurse will help you and your child navigate your pre-admission visit, and will answer any questions you have.



PREPARING FOR YOUR VISIT

- Return the health questionnaire. This information assists us to plan your child's pre-admission visit.
- If your child is over 18 months of age, ensure they have had their "Dental Fitness" completed to avoid cancellation or delays to their cardiac surgery or procedure.



WHAT TO BRING ON THE DAY

- Your child's medication
- Maternal Child Health book (for infants/babies)
- Dental clearance (for children over 18 months)
- Health questionnaire (if not already returned)
- Favourite book, toy or device for distraction during the tests
- Snacks, drinks, formula, nappies etc.
- Blanket if your child is a baby
- Your child should wear comfy clothing that is easy to take off for tests.

