Victorian Department of Human Services North & Western Metropolitan Region & Youth Substance Abuse Service



Planning Growth Corridor Municipal Environments to Prevent Alcohol Related Harms

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Community planning to reduce alcohol-related problems for children and young people forum

CTC. RCH. VicHealth & RACV

Demonstration Project



Municipal Public Health Planning for the Primary Prevention of Alcohol Related Harms



Project Partnership



DHS N&WMR Primary & Complex Care
Public Health/Drug & Alcohol

Project Consultancy Consortium coordinated by YSAS

N&WMR growth councils Melton, Whittlesea, Hume & Wyndham (shadowing)

Presentation Overview

Background & rationale

Development to date

Background & rationale

- 2006, DHS N&WMR commissioned research to inform regional A&D Health Promotion planning.
- Research undertaken by a team from Murdoch Children's Research Institute led by Prof John Toumbourou
- The research findings have been utilized to direct funding to evidence based primary prevention initiatives that address defensible evidence based regional A&D population health priorities and related capacity building programs

Research Recommendations

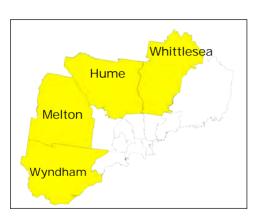


- Reduction of illicit drug use in economically disadvantaged and refugee populations within Maribynong, Brimbank and Hume.
- Reduction of alcohol related harms within the entertainment precincts of the City of Melbourne and the City of Yarra
- Reduction of early age uptake and frequent adolescent alcohol use within the 'growth' municipalities of Melton, Hume, Wyndham and Whittlesea.

Research findings

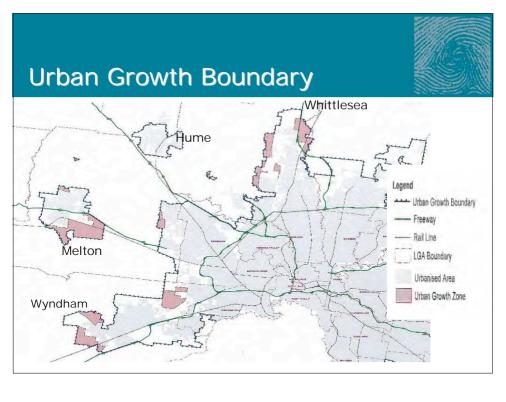
Epidemiological & demographic analysis...

The growth corridor of the N&WMR



| Wyndham | 116,001 |
|------------|-----------|
| Melton | 80,911 |
| Hume | 153,729 |
| Whittlesea | 129,525 |
| N&WMR | 1,495,281 |
| | |

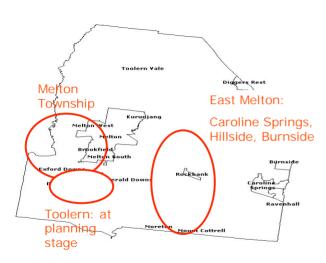
Source: ABS Census 2006







Melton growth



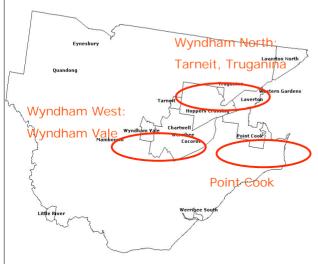
- Melbourne's cheapest property prices

day

Six new houses completed every

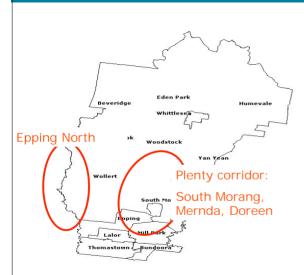
- Fastest rate of growth in the region
- Toolern will effectively double the township (62,000 more people)

Wyndham growth



- Population equivalent to Darwin
- Sixth largest population increase by LGA in Australia (2001-2006)
- 137 new people every week (2006-2007)
- Largest population increase in Victoria (2006-2020)

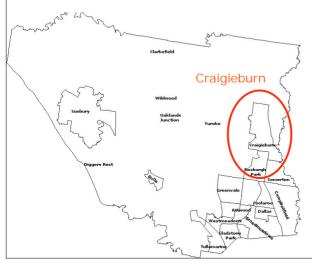
Whittlesea growth



- Aurora Epping North will grow from 12 people to 25,000 within 20 years
- Whittlesea will grow by more than 70,000 people (2006-2020)
- 20,000–30,000 new households
- Land use is fully planned

Hume growth





- Hume is the most disadvantaged of the growth LGAs
- Lowest percentage growth, but still 30,000 new people
- Craigieburn contains both growth and Community renewal areas

Projected growth in 4 LGAs



| LGA | Population 2006 | Population 2020 | Population Increase | % increase |
|------------|--------------------|--------------------|------------------------|------------|
| Hume | 153,729 | 184,532 | 30,803 | 20% |
| Melton | 80,911 | 155,686 | 74,775 | 92% |
| Whittlesea | 129,525 | 189,683 | 60.158 | 46% |
| Wyndham | 116,001 | 202,871 | 86,870 | 75% |

Growth Areas

180 166

732 772

252 606

53%

Projected growth





53% growth by 2020

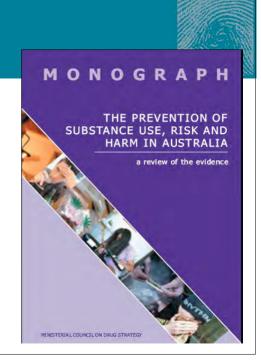
Current: 480,166 people in 4 growth LGAs (32% of region)

An additional 252,606 people in the next 12 years in these 4 LGAs

Source: ABS Census, S&WP

Research Findings

Secondary analysis of intervention effectiveness reviews....



Effective Interventions

| Federal | Tax on alcohol | |
|-----------|--|--|
| State *** | Liquor Licensing Industry regulation & enforcement Drinking age 21 | |
| Local | Enforcing local laws/accords | |

Planning controls

pathways

Redressing disadvantage

Community mobilisation to shift cultural practices & create positive developmental

| setting | supply reduction | demand reduction | harm reduction |
|-------------------|---|---|--------------------------------------|
| national state | Effective and coor | dinated policies & | k strategies |
| community | licensing, enforcement & regulation | prevention programs | community & individual safety |
| adults & families | availability & price reflects harms | social connection and responsible drug use | less risky drug use & harms |
| children | drugs are unfashionable & unavailable | healthy social development | less drug use |

Research findings

Analysis of government & funded sector

policy & planning documents.....

Research findings

Analysis of stakeholder interviews.....

Project rationale

DHS state-wide health promotion priorities

Reduce & minimise harm from tobacco, alcohol and illicit drugs

DHS N&WMR A&D health promotion priorities

Reduce early age & frequent adolescent alcohol use within the municipalities of Melton, Whittlesea, Wyndham & Hume

Discrepancy identified between the potential for population health improvement and the identification of prioritized evidence-based actions in MPHP's and other intersecting plans

Scope to build the capacity of selected local governments to plan for the primary prevention of alcohol related harms through the municipal public health planning process.

Local Government Planning

Municipal
Public
Health
Plan

Municipal
Strategic
Statement

Other Plans: Alcohol & Drug , Community Safety, Early Years, Economic Development, Neighbourhood Renewal, Sport & Leisure,



| | Environmental Dimensions | Council Action Areas – Examples |
|--------|-----------------------------|--|
| | Built/Physical | Land use planningTransport and traffic managementRecreation facilities |
| Je was | Social | Community supportArt and cultural developmentLibrary services |
| | Economic | Community economic developmentAccess and equity |
| 面 | Natural | Water qualityWaste managementEnergy consumption |

E4H-Municipal Planning to Prevent Alcohol Related Harms



Examples of council action areas

| Built/Physical | Limit number of licensed premisesMixed precinct planning |
|----------------|---|
| Social | • Alcohol accords • Good Sports Programs |
| Economic | •Responsible serving of alcohol •Alcohol free events |
| Natural | •Public space drinking regulation |

Phase 1 (2008-9) Strategic Municipal Planning



Growth corridor councils will be assisted

Raise awareness of the under-utilized capacity of local government to reduce alcohol related harms through the integration of primary prevention multicomponent strategies within MPHP & other intersecting plans.

Foster leadership for primary prevention through integrated strategic planning

Identify alcohol related harms amenable to primary prevention as a defensible priority within MPH plans & other intersecting plans of council.

Identify evidence based multi-component primary prevention strategies for incorporation within a 'whole of council' response

Establish bench mark alcohol harm reduction impact indicators Develop relevant alcohol reduction primary prevention impact indicators for incorporation into MPHP evaluation planning.

Document the planning methodologies processes and planning products developed for dissemination via the Vic gov website.

Phase 2 (2008-10, subject to funding) Municipal Strategy Implementation



Growth

corridor

councils

will b€

assisted

to

Develop for implementation selected under-utilised strategies to develop protective environments:

- Policies, guidelines & protocols to improve regulation & management of alcohol supply through built environment management, land use and statutory planning; sports, leisure and cultural infrastructure management, and local law enforcement etc.
- Policies, programs and services that reduce demand by promoting positive child & youth developmental pathways

Project Methodology Development



Needs Assessment



Organisational Capacity Building Plan

- Partnership
- Leadership
- Workforce skills
 - Resource

Phase 3 (2010-, subject to funding) Municipal Strategy Evaluation



 Implementation of planned evaluation strategy

THANK YOU

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