## SCHOOL CONNECTEDNESS PREDICTS LESS DEPRESSION AND ANXIETY IN YOUNG PEOPLE

In consultation with youth advisers, we reviewed the evidence in 14-to-24 year olds



We found 34 longitudinal and 2 intervention studies, mostly from high income countries





Less depression, with no gender differences



Less anxiety, but more studies are needed



Interventions improved depression, which is promising

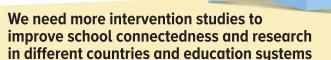


Some studies found no relationship

Overall, more school connectedness leads to fewer symptoms of depression and anxiety







Improving connectedness not only makes schools a better place for learning but may prevent depression and anxiety





