



Skin Prick Testing (SPT) at RCH during COVID-19

Following your child's recent telehealth appointment, they have been placed on a waiting list for a SPT.

We are conducting SPT during COVID-19 with additional safety procedures in place.

These include phone wellness screening in the days prior to your child's appointment and screening when you arrive on site.

Please ensure you do not attend the Royal Children's Hospital (RCH) if you or your child is unwell, even the mildest of symptoms should stop you from coming to RCH. Please contact our department on 03 9345 4333 if you are unsure.

All parents or guardians attending the RCH will be asked to confirm their name, contact number, purpose of their visit, and which area of the hospital they are attending. They will also need to answer a series of health questions and have their temperature taken.

Only one parent or guardian can be at RCH and face masks are required for all parents, guardians and young persons over the age of 5 years.

Face masks will be provided at our visitor assessment checkpoints, after visitors have passed their screening questions and temperature check.

Your SPT will be preformed in the Day Medical Unit (DMU). It is located on level 2 reception F. Access to DMU is via the green lifts. You will be directed to the unit by our friendly screening staff.

SPT appointments will be allocated and confirmed via text message. Please ensure your mobile number is correct, if you need to update your contact details this can be done via RCH switch on 03 9345 5522.

SPT appointment take approximately 30 mins, although you should allow ample time to find parking and clear screening checks.

In addition to ensuring that you and your child are well it is essential that your child has not taken any antihistamines in the week leading up to this procedure. If you child requires antihistamines it is important that you give them and then reschedule your SPT booking.

All asthma, eczema and allergic rhinitis medications should be continued.

If you are unsure if your child's medications will impact the SPT please contact our department on 03 9345 4333.



Useful links

RCH visitor restriction guidelines

<https://www.rch.org.au/uploadedFiles/Main/Content/covid/RCH%20Visitor%20Restrictions%20Poster%20A3.pdf>

For primary school aged children, especially if they are worried or anxious about the procedure, we have developed a video that may help

https://www.rch.org.au/be-positive/A_childs_guide_to_hospital/Skin_Prick_Test/