

The Royal Children's Hospital Gender Service (RCHGS) Program Logic Model 2019

Vision: To be a world leader in the provision of clinical care, research and education for trans and gender diverse (TGD) children and adolescents

Gender Service (GS) Goal: To improve the physical and mental health and wellbeing outcomes for TGD children and adolescents who access the RCHGS

Target Group: TGD children and adolescents who reside in Victoria and access the RCHGS prior to their 17th birthday

Rationale:

A multidisciplinary GS that employs a comprehensive patient and family centered approach and is located within the RCH is well positioned to meet the health and wellbeing needs of TGD children and adolescents and their families.

Provision of respectful, quality early intervention will improve mental health outcomes (quality of life, reduce suicide risk) for TGD children and adolescents

Assumptions:

Families of children and / or adolescents are aware of the RCHGS via:

RCH website; Department of Adolescent Medicine intranet

Mental Health services, GPs; schools

Community services e.g. TGV

Media

Word of mouth

Objective: To provide a patient and family centered approach that entails a multidisciplinary assessment, support and treatment to children, adolescents and their families who access the RCHGS

Resources

Funding
RCH Operational Budget
Victorian Government
Specialist Grant

Clinical Services
Psychiatrists
Adolescent Physicians
Endocrinologist
Psychologists
Clinical Nurse Consultant
Gynecologist
Speech Pathologist
General Surgeons
Administration
Clinical Ethics
Legal Services

General RCH support
Pharmacy, EMR,
pathology, radiology
Outpatient clinic A5,
clinic D

RCH Foundation
Trans20 research

Activities

Clinical Care
Phone consultations
Information
Secondary consultation

Outpatient clinics
Under 8y clinics
SSNac
MDAC
Binder Clinic
Ongoing appointments

Education
Patients and families
Health service
providers
Community groups

Advocacy
Patients and families
TGD Community
Clinical Services

Research
RCHGS program
evaluation; research
projects, Trans20

Outputs 1

RCHGS Clinics
<8y Mental Health
Assessment
Ongoing care

**Single Session Nurse
led Assessment Clinic
(SSNac) CNC > 8yrs**
HEADSS, Triage,
education, links to
community

**Multi-disciplinary
Assessment Clinic
(MDAC) >8y**
Mental Health and
Adolescent medicine
assessment

Education
TGD patients and
family on treatment
options

Research
Trans 20 analysis
Clinical evaluation
outcomes

Outputs 2

**Diagnosis,
Interventions and
ongoing care**
Mental health
Medical management
Fertility preservation
Puberty suppression
Gender affirming
hormones
Binder education
Assessment for surgery
(Chest reconstructive
surgery: TBC)

Clinical Education
Patients and families
Health professionals

**Transition to Adult
Health Services**
General Practitioners
Monash Gender
Service
Mental health
clinicians
Endocrinologists
Surgeons

Outputs 3

New referrals
Assessed within 4
months

Patients/families:
Understand medical
options
Establish Informed
consent
Proceed with medical
transition; surgical care

Community clinicians
Ongoing care

Leadership
Advocacy
Teaching and training
Research output
Legal reform

Research
Journal publications
Presentations
Conferences

Outcomes / Goals

5. Improved quality
of life for people who
identify as TGD

4. Reduced mental
health burden among
TGD children and
adolescents

3. Ongoing care of
TGD adolescents is
co-managed by
community Providers

2. TGD Children and
adolescents are
provided a timely
triage, assessment
and treatment
pathways

1. The RCHGS are
leaders in health care
provision and
research for TGD
children and
adolescents

External factors: political climate, funding, legislation, health and healthcare systems, societal attitudes towards gender diversity