



Academic Child Psychiatry Unit
Department of Paediatrics, University of Melbourne
Royal Children's Hospital
Murdoch Childrens Research Institute
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Academic Child Psychiatry Unit Symposium







"CONDUCT DISORDERS - INNOVATIVE APPROACHES TO MANAGEMENT"

Thursday 9th November 2006
9:00 am to 5:00 pm (registration from 8:15 am)
Ella Latham Theatre
1st Floor, Main Building, Royal Children's Hospital, Parkville

This symposium will explore innovative conduct disorder programs targeting children and young people across metropolitan and rural Victoria. The presenters are all experienced clinicians and researchers involved in mental health service delivery, evaluation, training and research. Each session will involve a didactic oral presentation that will also be available as a written handout. There will be ample opportunity for group discussion about the key aspects of the innovative programs outlined. In addition, Professor Vance will explore key clinical comorbid conditions, such as depressive disorders and ADHD, and will outline a detailed rationale for synergistic medication and psychosocial treatment programs to achieve an optimal outcome. During discussion there will be an opportunity for registrants to present case examples for comment.

This one-day symposium forms part of the Academic Child Psychiatry Unit's annual symposia series run through the Department of Paediatrics, University of Melbourne, the Royal Children's Hospital and the Murdoch Childrens Research Institute.

PRESENTERS

-  Janet Costin (Kool for Kids Project, Eastern Health CAMHS)
-  Louise Hayes (CAST Project, Ballarat CAMHS)
-  Sophie Havighurst (Mindful)
-  Jo Winther (CASEA & IMYOS, RCH MHS)
-  Kay Hampton (KEAPS, North East CAMHS)
-  Alasdair Vance (Academic Child Psychiatry Unit)

Registration Forms are available on our website or by contacting our office.

The cost per person is \$60 (including GST and catering costs).

Please register by the 31st October 2006.

Academic Child Psychiatry Unit - Symposium - Thursday 9th November 2006

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BRIEF BIOGRAPHIES

Janet Costin (Kool for Kids Project, Eastern Health CAMHS)

Dr. Janet Costin has had more than thirty years experience as a practising psychologist. Since joining the staff of Eastern Health Child and Adolescent Mental Health Service as its Senior Psychologist, she has developed her interest in disruptive behaviour problems and their treatment. She is currently employed as the Team Leader for Kool Kids Positive Parents.

Louise Hayes (CAST Project, Ballarat CAMHS)

Dr. Louise Hayes established the CAMHS and Schools Together program for Ballarat Health Services. This project delivers a community-wide early intervention program for children with difficult and challenging behaviours through to disruptive behaviour disorders. Louise is also a lecturer at the University of Ballarat. Prior to this, she was a Research Fellow at the Australian Institute of Family Studies and the Victorian Parenting Centre.

Sophie Havighurst (Mindful)

Dr Sophie Havighurst is the Principal Investigator on a randomised controlled trial of the "*Tuning in to Kids*" research program, a parent and teacher program that builds children's emotion knowledge and regulation as a way of improving their behavioral functioning. She is a Child Clinical Psychologist who has clinical, research, and teaching experience in the field of early intervention with children at risk for antisocial development. She is a Lecturer at Mindful, the Child Psychiatry department at the University of Melbourne, where she teaches and provides supervision to child and adolescent mental health practitioners. She works as a Child Clinical Psychologist at the Melbourne Children's Court Clinic, and provides therapy to families who have a child with behaviour problems.

Jo Winther (CASEA & IMYOS, RCH MHS)

Ms Jo Winther is the Manager / Psychologist for the CAMHS and Schools Early Action Program (CASEA) and Intensive Mobile Youth Outreach Service (IMYOS). Jo started her career working for Disability Services writing behaviour management programs and Justice Plans for young people with challenging and offending behaviours. She then worked for seven years with the Adolescent Forensic Health Service providing individual and group therapy to incarcerated young men for a variety of issues including: violence prevention; anger management; grief and loss issues; offending behaviour; and substance abuse. For the past four years she has worked for The Royal Children's Hospital Mental Health Service as a team leader of a community team.

Kay Hampton (KEAPS, North East CAMHS)

Ms Kay Hampton is a Registered Psychiatric Nurse and qualified Psychotherapist who has worked exclusively in all areas of Child and Adolescent Mental Health for the past 26 years. She was instrumental in establishing Attention Deficit Hyperactive Disorder Support Groups in rural/central Victoria and one of 4 people representing CAMHS, Department of Education and carer representative to set up pilot Challenging Behavior Programs in school in the Bendigo area. Kay managed an Adolescent Mental Health Day Program in the ACT for 5 years prior to her recent appointment earlier this year as the Co-Ordinator of the North East Hume 'Kids Early Action Program in Schools' (KEAPS)

Alasdair Vance (Academic Child Psychiatry Unit)

Professor Alasdair Vance is the Head of Academic Child Psychiatry, Department of Paediatrics, University of Melbourne. His unit aids the clinical management of complex high and low prevalence child psychiatric disorders that present diagnostic difficulties and are often treatment non-responsive. His research interests are in the areas of high prevalence and high risk child psychiatric disorders, both pre- and post-puberty, and the psychiatric aspects of key paediatric neurological and endocrine disorders. He holds Honorary Academic Scholar positions with the Department of Child and Adolescent Psychiatry, Institute of Psychiatry, University College, London, United Kingdom and the Child Study Center, New York University School of Medicine, New York University, USA. He is an elected member of the International Society for Research in Child and Adolescent Psychopathology (ISRCAP).

Academic Child Psychiatry Unit

SYMPOSIUM PROGRAM

"CONDUCT DISORDERS - INNOVATIVE APPROACHES TO MANAGEMENT"

Thursday 9th November 2006

<i>Morning Session</i>	<i>Venue: Ella Latham Theatre, First Floor, Main Building, Royal Children's Hospital</i>
8:15 - 9:00 am	Registration (Foyer area of Ella Latham Theatre)
9:00 - 10:30 am	Dr Janet Costin (Kool for Kids Project, Eastern Health CAMHS)
10:30 - 11:00	Morning Tea (Foyer area of Ella Latham Theatre)
11:00 - 12:30	Dr Louise Hayes (CAST Project, Ballarat CAMHS)
12:30 - 1:30 pm	Lunch (Foyer area of Ella Latham Theatre)
<i>Afternoon session</i>	<i>Venue: Ella Latham Theatre, First Floor, Main Building, Royal Children's Hospital</i>
1:30 - 2:30	Professor Alasdair Vance (Academic Child Psychiatry Unit)
2:30 - 3:00	Afternoon Tea (Foyer area of Ella Latham Theatre)
3:00 - 4:00	Dr Sophie Havighurst (Mindful)
4:00 - 4:30	Ms Jo Winther (CASEA & IMYOS, RCH MHS)
4:30 - 5:00	Ms Kay Hampton (KEAPS, North East CAMHS)



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Academic Child Psychiatry Unit SYMPOSIUM REGISTRATION FORM

"CONDUCT DISORDERS - INNOVATIVE APPROACHES TO MANAGEMENT"

Thursday 9th November 2006 - 9:00 am to 5:00 pm (registration from 8:15 am)
 Ella Latham Theatre, 1st Floor, Main Building, Royal Children's Hospital, Parkville

PERSONAL DETAILS *(please print)*

Title: _____ Position: _____

First Name: _____

Surname: _____

Organisation: _____

Address: _____

Telephone: _____

Facsimile: _____

Email: _____

COST/PAYMENT

The cost to attend (including catering) is **AUD \$60.00** (including GST).

The University of Melbourne ABN is 84 002 705 224. This form becomes a Tax Invoice/Receipt upon receipt of payment.

- I enclose a cheque / money order for AUD \$60.00 made payable to **The University of Melbourne.**
- I authorise a payment of AUD \$60.00 from my credit card:
 - Visa Mastercard Bankcard • Expiry date of credit card: _____
 - Card number: _____
 - Card holder's name (as shown on card): _____

Signature: _____ Date: _____

Please complete and return this form by the 31st October 2006 as per the details shown below:

Facsimile: (+613) 9345 6002 - **Email:** karen.dally@rch.org.au - **Hand delivery:** Ground Floor, South East Building, RCH

Mail: Att: Karen Dally, Academic Child Psychiatry Unit, Royal Children's Hospital, Flemington Road, Parkville 3052