

Position Description

Position title	Consultant Paediatrician
Department / Division	Adolescent Medicine
Classification	In accordance with AMA Victoria – Victorian Public Health Sector Medical Specialists Enterprise Agreement 2022-2026
Position reports to	Director, Adolescent Medicine
No. of direct & indirect reports	0
Location	The Royal Children's Hospital, Flemington Road, Parkville
Risk category	Category A - works in a direct patient contact role and has or potential to have exposure to blood or body fluids.

The Royal Children's Hospital
<p>The Royal Children's Hospital's (RCH) vision is A world where all kids thrive.</p> <p>RCH is located within the Melbourne Biomedical Precinct, with more than 45 world-class biomedical organisations and more than 50,000 of the brightest minds working together to make the Precinct number one in the Asia Pacific region for health, education, research, and training. Within this, RCH is also a cornerstone member of the Melbourne Children's Campus, partnering with Murdoch Children's Research Institute, The University of Melbourne Department of Paediatrics and The Royal Children's Hospital Foundation. Each organisation contributes to a paediatric academic health centre which is greater than the sum of its parts.</p> <p>RCH has cared for the children and young people of Victoria for more than 150 years since it was founded in 1870. A full range of paediatric and adolescent health services are provided plus tertiary and quaternary care for the most critically ill and medically complex patients in Victoria, Tasmania, southern NSW and other states around Australia and overseas. The RCH is the only provider of heart transplant services and CAR T-cell therapy for paediatrics in Australia. RCH is an effective advocate for patients and their families with a particular focus on vulnerable children and increasingly, mental health in young people. The hospital also supports many health promotion and prevention programs. The Hospital has more than 6,000 staff, a budget of \$850M, 12 wards and 350 beds. Annually, the RCH has 300,000+ Specialist Clinic appointments, 90,000+ Emergency Department presentations and 20,000 elective surgeries.</p> <p>We work collaboratively with hospitals to deliver the right care, in the right place, at the right time. The RCH is committed to the Child Safe Standards https://www.rch.org.au/quality/child-safety/.</p> <p>RCH enjoys high employee engagement and is committed to staff safety and a positive culture through enactment of our Compact.</p> <p>Further information on RCH is available at www.rch.org.au</p>

ROLE CONTEXT (Optional)
To provide high quality, evidence based medical care for young people and their families in both inpatient and outpatient settings, contribute to leadership and provide teaching and training for junior medical, nursing and allied health staff.

ROLE PURPOSE

The Department of Adolescent Medicine, Royal Children's Hospital Melbourne, is a multidisciplinary specialty department providing inpatient and outpatient care to adolescents experiencing both physical and mental health concerns. Sub-speciality teams within the Department of Adolescent Medicine include the Eating Disorders Service, the Gender Service, Transition Support Service, the Young People's Health Service and the Chronic Illness Peer support (ChIPS) team. The Department works collaboratively with various teams across the Melbourne Children's Campus including RCH Mental Health, the Centre for Adolescent Health and the Kelpie Adolescent Inpatient Unit.

The Consultant Paediatrician will run regular outpatient clinics, be allocated first on call and second on call responsibilities on the Adolescent Medicine inpatient roster and may work with one or more of the multidisciplinary sub-specialty teams. The Consultant Paediatrician will also be expected to contribute to the multidisciplinary meetings, quality assurance and research activities of the Department of Adolescent Medicine.

KEY ACCOUNTABILITIES

Clinical care

- Undertake medical and psychosocial assessments and manage the care of adolescents and their families presenting to the General Adolescent Medicine outpatient clinics.
- Contribute to the Eating Disorders multidisciplinary assessment clinic, ongoing outpatient medical management and support of the delivery of family based treatment.
- Manage inpatients admitted under Adolescent Medicine while on ward service, including providing 'second on call' supervision when the Adolescent Medicine Fellows are on ward service.
- Provide high-level, coordinated, multidisciplinary care of adolescents and their families in conjunction with other RCH departments, the sub-specialty teams within the Department of Adolescent Medicine and external health services as required.
- Liaise closely with other medical, nursing, allied health and administration colleagues to provide excellent medical services for inpatients and outpatients.

Leadership, education and training

- Foster the development of adolescent medicine as a career path for medical students and paediatric trainees.
- Contribute to the teaching, training and supervision of fellows, registrars, residents and medical students within the Department and across the wider Melbourne Children's Campus.
- Active participation in educational programs of the Department including attendance at weekly Consultant meetings, education meetings and other professional development opportunities.

Research

- Contribute to, support, develop and supervise research projects related to the Department of Adolescent Medicine as requested by the Director of Adolescent Medicine.

Information and data management

- Maintain accurate and up to date patient medical information and records via documentation within the electronic medical record including diagnosis and treatment plans, complications, co-morbidities, procedures conducted and other reports.

- Prepare medical reports for a range of stakeholders detailing assessment outcomes and recommendations for treatment.

QUALIFICATIONS AND EXPERIENCE

Essential

- Current registration as a Medical Practitioner with AHPRA.
- MBBS or equivalent.
- Fellowship qualifications with the Royal Australasian College of Physicians (FRACP) or equivalent.
- Provider number with Medicare to bill for clinical activity.

Desirable

- Specialty knowledge, training and experience working in adolescent medicine with particular competence in the area of medical and psychosocial complexity.

KEY SELECTION CRITERIA

- Demonstrated knowledge of adolescent development and the ability to practice from a developmental perspective, applying principles of evidence-based medicine.
- Demonstrated experience engaging adolescents and their families in processes that promote positive health outcomes.
- Demonstrated competence in working with adolescent patients presenting with medical and psychosocial complexity.
- Demonstrated experience working with adolescents with anorexia nervosa and other restrictive eating disorders.
- Demonstrated experience working with trans and gender diverse adolescents.
- Demonstrated experience working with adolescents presenting with medically unexplained symptoms such as somatic symptom disorder and factitious disorder.
- Previous experience working with vulnerable adolescents and young people who may engage in high-risk behaviours.
- Ability to work autonomously, as part of a multidisciplinary team and in collaboration with other service providers.
- A commitment to keeping up to date records and communication with colleagues involved in the care of patients.
- Demonstrated experience in clinical research desirable.
- The successful applicant will be required to sign a private practice agreement with RCH in order to Medicare clinical activity.

OTHER REQUIREMENTS

- Employees are required to undertake a National Criminal Record Check and a Working with Children Check prior to commencing employment
- Employees are required to maintain a valid Working with Children Check throughout their employment
- A current, full driver's licence for the State of Victoria which is appropriate for the type of vehicle being driven, and comply with any restrictions on their licence (e.g. wearing glasses) while undertaking hospital duties (If applicable)
- Employees are required to maintain compliance with RCHs "Staff Immunisation - Prevention of Vaccine Preventable Diseases" procedure.

IMPORTANT INFORMATION

All employees are required to adhere to the Royal Children's Hospital Values:

- Curious - We are creative, playful and collaborative
- Courageous - We pursue our goals with determination, ambition and confidence
- Inclusive - We embrace diversity, communicate well, build connections and celebrate our successes together
- Kind - We are generous, warm and understanding

RCH COMPACT

All new and existing employees commit to the RCH Compact to contribute to a strong and respectful culture.

- We do better work caring for children and families when we also care for each other
- I bring a positive attitude to work – I share, I laugh, I enjoy other's company
- I take responsibility for my behaviour and its impact on others
- I am curious and seek out ways to constantly learn and improve
- I celebrate the good stuff, the small stuff, the big stuff – it all matters
- I speak up when things aren't right
- I value the many different roles it takes to deliver great patient care
- I actively listen because I want to understand others and make better decisions
- I am inclusive and value diversity
- When it comes to teamwork, I don't hold back – I'm all in

QUALITY, SAFETY AND IMPROVEMENT

RCH employees have a responsibility and accountability to contribute to the organisation's commitment to Quality, Safety and Improvement by:

- Acting in accordance and complying with all relevant Safety and Quality policies and procedures
- Identifying risks, reporting and being actively involved in risk mitigation strategies
- Participating in and actively contributing to quality improvement programs
- Complying with the requirements of the National Safety & Quality Health Service Standards
- Complying with all relevant clinical and/or competency standards
- Complying with the principles of Patient and Family Centred Care that relate to this position

The RCH is committed to a diverse and inclusive workforce. We encourage applications from Aboriginal and Torres Strait Islander people, people from culturally and/or linguistically diverse backgrounds, all members of the LGBTQI community and people with disability.

Position description last updated

October 2025