

## Position Description

<b>Position title</b>	Sleep Fellow
<b>Department / Division</b>	Respiratory & Sleep Medicine
<b>Classification</b>	<i>Registrar Year 5-6</i> Full time fixed term 12 months 1.0 FTE
<b>Position reports to</b>	Operational: Head of Respiratory & Sleep Medicine Professional: Head of Sleep Service
<b>No. of direct &amp; indirect reports</b>	College supervisors
<b>Location</b>	The Royal Children's Hospital, Flemington Road, Parkville
<b>Risk category</b>	Category A - works in a direct patient contact role and has or potential to have exposure to blood or body fluids.

<b>The Royal Children's Hospital</b>
<p>The Royal Children's Hospital's (RCH) vision is <i>a world where all kids thrive</i>.</p> <p>RCH is located within the Melbourne Biomedical Precinct, with more than 45 world-class biomedical organisations and more than 50,000 of the brightest minds working together to make the Precinct number one in the Asia Pacific region for health, education, research, and training. Within this, RCH is also a cornerstone member of the Melbourne Children's Campus, partnering with Murdoch Children's Research Institute, The University of Melbourne Department of Paediatrics and The Royal Children's Hospital Foundation. Each organisation contributes to a paediatric academic health centre which is greater than the sum of its parts.</p> <p>RCH has cared for the children and young people of Victoria for more than 150 years since it was founded in 1870. A full range of paediatric and adolescent health services are provided plus tertiary and quaternary care for the most critically ill and medically complex patients in Victoria, Tasmania, southern NSW and other states around Australia and overseas. The RCH is the only provider of heart transplant services and CAR T-cell therapy for paediatrics in Australia. RCH is an effective advocate for patients and their families with a particular focus on vulnerable children and increasingly, mental health in young people. The hospital also supports many health promotion and prevention programs. The Hospital has more than 6,000 staff, a budget of \$850M, 12 wards and 350 beds. Annually, the RCH has 300,000+ Specialist Clinic appointments, 90,000+ Emergency Department presentations and 20,000 elective surgeries.</p> <p>We work collaboratively with hospitals to deliver the right care, in the right place, at the right time. The RCH is committed to the Child Safe Standards <a href="https://www.rch.org.au/quality/child-safety/">https://www.rch.org.au/quality/child-safety/</a>.</p> <p>RCH enjoys high employee engagement and is committed to staff safety and a positive culture through enactment of our Compact.</p> <p>Further information on RCH is available at <a href="http://www.rch.org.au">www.rch.org.au</a></p>

<b>ROLE CONTEXT</b>
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This is a Sleep Fellow role in which there are both clinical and non-clinical responsibilities within the department of Respiratory & Sleep Medicine (Division of Medicine) and with links to some associated departments (Eg. Sleep clinic, Centre for community child health). The Sleep fellow will see inpatients and outpatients overseen by the Sleep Medicine consultants.

## ROLE PURPOSE

The role is Paediatric Sleep Fellow, a training post in the field of Paediatric Sleep medicine. This role reports into the Head of Sleep Medicine and the Head of the Department of Respiratory & Sleep Medicine. The purpose of the role is to provide accredited training in all aspects of Paediatric sleep medicine under the Royal Australasian College of Physicians Specialty training program in Sleep Medicine.

Within this role the successful candidate will be involved in the following activities:

- **In-patient sleep and ventilation consults** (5-10 patients per week) on the respiratory ward, HDU, PICU, NICU, general wards
- **Out-patient clinics** with consultant supervision (approx.. 2 per week) including sleep disorders clinic, respiratory sleep clinic, respiratory support clinic, neuro-muscular clinic, scoliosis clinic, tracheostomy clinic, unsettled babies clinic
- Learn to **initiate & manage non-invasive ventilation** in outpatient and in-patient setting (~60 CPAP and 30 BIPAP admissions per year for initiation)
- Learn to **stage, score and report diagnostic polysomnography** (PSG), O2 titration PSG, and NIV titration PSG and home PSG – being overseen by a Grade 3 paediatric Sleep Scientist
- Learn how to **set-up patients for PSG** – being overseen by a range of Sleep scientists
- Learn to **interpret and report nocturnal oximetry and oxycapnography**
- **Exposure to other sub-specialties** relevant to sleep medicine; primarily respiratory medicine, ENT, neurology, developmental medicine, neonatology, weight management, craniofacial surgery, psychiatry, cardiology
- Supervised reporting of lung function tests
- **Education:**
  - Respiratory and sleep teaching x1 hour per week
  - Sleep teaching x1 hour per week by consultant sleep specialist

Regularly attend and present at scheduled sleep medicine specific and interdisciplinary clinical meetings (see Table 2)

## KEY ACCOUNTABILITIES

- Build and maintain relationships with key stakeholders to ensure project objectives are met.
- additional – see role purpose

## QUALIFICATIONS AND EXPERIENCE

### Essential:

- FRACP exams passed in Paediatric medicine
- Enrolled in the RACP training program for advance trainees
- Interest in pursuing a career in Paediatric Sleep Medicine
- Ability to participate in the on-call roster in Respiratory and Sleep Medicine

### Desirable:

- Enrolled in sub-speciality training in Respiratory & Sleep Medicine

- Enrolled in a higher degree, or willing to consider enrolment in a higher degree with a project in Sleep and/or Ventilation
- An interest in teaching and supporting junior medical staff
- Contribution to conferences, workshops and other meetings.

#### KEY SELECTION CRITERIA

- Satisfies all essential criteria as listed above
- Experience in clinical Paediatric respiratory medicine +/- previous paediatric sleep experience
- Good communication skills, enthusiasm, and reliability
- Interest in a long term commitment to working in Sleep Medicine
- Demonstrated ability to build and maintain working relationships with key internal and external stakeholders.

#### OTHER REQUIREMENTS

##### Other Requirements:

- Employees are required to undertake a National Criminal Record Check and a Working with Children Check prior to commencing employment
- Employees are required to maintain a valid Working with Children's Check throughout their employment
- A current, full drivers licence for the State of Victoria which is appropriate for the type of vehicle being driven, and comply with any restrictions on their licence (e.g. wearing glasses) while undertaking hospital duties (If applicable)
- Employees are required to maintain compliance with RCHs "Staff Immunisation - Prevention of Vaccine Preventable Diseases" procedure. A current, full driver's licence for the State of Victoria which is appropriate for the type of vehicle being driven, and comply with any restrictions on their licence (e.g. wearing glasses) while undertaking hospital duties (If applicable)
- Employees are required to maintain compliance with RCHs "Staff Immunisation - Prevention of Vaccine Preventable Diseases" procedure.

#### IMPORTANT INFORMATION

All employees are required to adhere to the Royal Children's Hospital Values:

- Curious - We are creative, playful and collaborative
- Courageous - We pursue our goals with determination, ambition and confidence
- Inclusive - We embrace diversity, communicate well, build connections and celebrate our successes together
- Kind - We are generous, warm and understanding

##### RCH COMPACT

All new and existing employees commit to the RCH Compact to contribute to a strong and respectful culture.

- We do better work caring for children and families when we also care for each other
- I bring a positive attitude to work – I share, I laugh, I enjoy other's company
- I take responsibility for my behaviour and its impact on others
- I am curious and seek out ways to constantly learn and improve

- I celebrate the good stuff, the small stuff, the big stuff – it all matters
- I speak up when things aren't right
- I value the many different roles it takes to deliver great patient care
- I actively listen because I want to understand others and make better decisions
- I am inclusive and value diversity
- When it comes to teamwork, I don't hold back – I'm all in

### **QUALITY, SAFETY AND IMPROVEMENT**

RCH employees have a responsibility and accountability to contribute to the organisation's commitment to Quality, Safety and Improvement by:

- Acting in accordance and complying with all relevant Safety and Quality policies and procedures
- Identifying risks, reporting and being actively involved in risk mitigation strategies
- Participating in and actively contributing to quality improvement programs
- Complying with the requirements of the National Safety & Quality Health Service Standards
- Complying with all relevant clinical and/or competency standards
- Complying with the principles of Patient and Family Centred Care that relate to this position

**The RCH is committed to a diverse and inclusive workforce. We encourage applications from Aboriginal and Torres Strait Islander people, people from culturally and/or linguistically diverse backgrounds, all members of the LGBTQI community and people with disability.**

**Position description last updated**

**May 2025**