

Position Description

Position title	Metabolic Fellow
Department / Division	Metabolic Medicine/Division of Medicine
Classification	HM25-HM30 as per doctors in training (Victorian Public Health Sector) (AMA Victoria/ASMOF) (Single Interest Employers) Enterprise Agreement 2022-2026
Position reports to	Director Metabolic Medicine
No. of direct & indirect reports	N/A
Location	The Royal Children's Hospital, Flemington Road, Parkville
Risk category	Category A - works in a direct patient contact role and has or potential to have exposure to blood or body fluids.

The Royal Children's Hospital
<p>The Royal Children's Hospital's (RCH) vision is <i>a world where all kids thrive</i>.</p> <p>RCH is located within the Melbourne Biomedical Precinct, with more than 45 world-class biomedical organisations and more than 50,000 of the brightest minds working together to make the Precinct number one in the Asia Pacific region for health, education, research, and training. Within this, RCH is also a cornerstone member of the Melbourne Children's Campus, partnering with Murdoch Children's Research Institute, The University of Melbourne Department of Paediatrics and The Royal Children's Hospital Foundation. Each organisation contributes to a paediatric academic health centre which is greater than the sum of its parts.</p> <p>RCH has cared for the children and young people of Victoria for more than 150 years since it was founded in 1870. A full range of paediatric and adolescent health services are provided plus tertiary and quaternary care for the most critically ill and medically complex patients in Victoria, Tasmania, southern NSW and other states around Australia and overseas. The RCH is the only provider of heart transplant services and CAR T-cell therapy for paediatrics in Australia. RCH is an effective advocate for patients and their families with a particular focus on vulnerable children and increasingly, mental health in young people. The hospital also supports many health promotion and prevention programs. The Hospital has more than 6,000 staff, a budget of \$850M, 12 wards and 350 beds. Annually, the RCH has 300,000+ Specialist Clinic appointments, 90,000+ Emergency Department presentations and 20,000 elective surgeries.</p> <p>We work collaboratively with hospitals to deliver the right care, in the right place, at the right time. The RCH is committed to the Child Safe Standards https://www.rch.org.au/quality/child-safety/.</p> <p>RCH enjoys high employee engagement and is committed to staff safety and a positive culture through enactment of our Compact.</p> <p>Further information on RCH is available at www.rch.org.au</p>

ROLE PURPOSE
<p>The role of the Metabolic Fellow is to work in partnership with a dedicated multi-disciplinary team (MDT) that consists of committed physicians, nurses, dietitians, social worker to co-ordinate and assist in the provision of specialist metabolic care to children and families of Victoria and Tasmania who have a suspected or known inborn error of</p>

metabolism. The role will have the opportunity to link with many sub-specialty units within RCH that consult the service. Exposure to as many patients as possible, and dealing with as many clinical dilemmas as possible, all under appropriate supervision, will ensure proper use of the training time and learning the fundamentals of Metabolic Medicine: diagnosis, therapy, family counselling and basic genetic counselling.

KEY ACCOUNTABILITIES

Inpatients:

- Ward Rounds: Includes all facets of patient care, including ward-based procedures, family meetings, and discharge planning
- Multidisciplinary management of metabolic patients in liaison with other medical services at RCH, as needed
- Consults and follow up of investigations for in-patients referred from other services

Outpatients:

- Weekly follow-up clinics
- Weekly new consult clinics
- Phone consults, including follow up of abnormal results noted in metabolic laboratory reporting sessions
- Patient reviews and administrative tasks for metabolic patients receiving treatment within the Day Medical Unit

Laboratory liaison:

- Weekly reporting sessions with reference laboratories (Metabolic and Mitochondrial) as indicated below. Liaison with referring physicians and advice regarding abnormal results.

Administrative tasks:

- Scripts, clinic letters, other letters of support to child/family, as needed

Departmental clinical and training meetings

- Clinical metabolic meeting (weekly)
- Biochemical Genetics Laboratory reporting meeting (weekly)
- Plasma amino acids reporting meeting (weekly) including education session
- Mitochondrial reporting session (as scheduled)
- Newborn Screening: reporting and liaison (as required)
- Weekly departmental education sessions
- Other continuing education activities and meetings

Education

- Participate actively in regular education and teaching through formal and informal education within the department including weekly MDT education sessions, journal clubs, tutorials, outpatient-based case discussions and inpatient review meeting
- Attendance at regular hospital-wide educational activities, such as Grand Rounds and research seminars, will also be encouraged

General or Specialities Afterhours, weekend roster etc:

- Contribution to the on-call roster (shared roster) with Metabolic Consultant as back-up

Research:

Trainees are strongly encouraged to participate in research projects (to be discussed individually). At the end of the training period it is expected that the trainee will have a publishable manuscript describing their research project.

QUALIFICATIONS AND EXPERIENCE

- The position is ideal for an advanced trainee in Paediatric Medicine (or as part of elective training in Neurology or Endocrinology, subject to approval by the respective SAC).
- Experience in Neonatology, Intensive Care, Neurology, Nephrology or Endocrinology is advantageous.
- General AHPRA Registration is mandatory.

KEY SELECTION CRITERIA

- Senior advanced trainees in paediatrics: MBBS or equivalent and at least part 1 FRACP or equivalent
- Skills in managing complex paediatric patients
- Excellent team skills with a focus on ability to work in a multidisciplinary team, respecting the input of all team members both senior and junior
- Excellent communication and inter-personal skills with children, their families and with peers
- Good time management skills and ability to work under pressure
- A flexible and positive approach to work

OTHER REQUIREMENTS

- Employees are required to undertake a National Criminal Record Check and a Working with Children Check prior to commencing employment
- Employees are required to maintain a valid Working with Children Check throughout their employment
- A current, full driver's licence for the State of Victoria which is appropriate for the type of vehicle being driven, and comply with any restrictions on their licence (e.g. wearing glasses) while undertaking hospital duties (If applicable)
- Employees are required to maintain compliance with RCHs "Staff Immunisation - Prevention of Vaccine Preventable Diseases" procedure.

IMPORTANT INFORMATION

All employees are required to adhere to the Royal Children's Hospital Values:

- Curious - We are creative, playful and collaborative
- Courageous - We pursue our goals with determination, ambition and confidence
- Inclusive - We embrace diversity, communicate well, build connections and celebrate our successes together
- Kind - We are generous, warm and understanding

RCH COMPACT

All new and existing employees commit to the RCH Compact to contribute to a strong and respectful culture.

- We do better work caring for children and families when we also care for each other
- I bring a positive attitude to work – I share, I laugh, I enjoy other's company
- I take responsibility for my behaviour and its impact on others
- I am curious and seek out ways to constantly learn and improve
- I celebrate the good stuff, the small stuff, the big stuff – it all matters
- I speak up when things aren't right
- I value the many different roles it takes to deliver great patient care

- I actively listen because I want to understand others and make better decisions
- I am inclusive and value diversity
- When it comes to teamwork, I don't hold back – I'm all in

QUALITY, SAFETY AND IMPROVEMENT

RCH employees have a responsibility and accountability to contribute to the organisation's commitment to Quality, Safety and Improvement by:

- Acting in accordance and complying with all relevant Safety and Quality policies and procedures
- Identifying risks, reporting and being actively involved in risk mitigation strategies
- Participating in and actively contributing to quality improvement programs
- Complying with the requirements of the National Safety & Quality Health Service Standards
- Complying with all relevant clinical and/or competency standards
- Complying with the principles of Patient and Family Centred Care that relate to this position

The RCH is committed to a diverse and inclusive workforce. We encourage applications from Aboriginal and Torres Strait Islander people, people from culturally and/or linguistically diverse backgrounds, all members of the LGBTQI community and people with disability.

Position description last updated

May 2026