## **Acute Surgical wounds**

Picture of wound	Wound	Indicator/descriptor	Management Aims	Recommended Products	Relevant links
	Simple post operative wound	An acute clean surgical incision which will heal by primary intention	Prevent Infection Assist healing Keep wound edges opposed	May vary depending on surgeon preference: - Semi Permeable (e.g., opsite, Tegaderm) - Island dressing (e.g., Primapore) - Fixation Sheet (e.g., hyperfix) Closed with sutures, staples, steri strips or surgical glue.	
	Pilonidal sinus	A tract with an opening on the skin leading to a collection of hair, most commonly occurs in the natal cleft(in the midline between the buttocks) Can become infected by bacteria, causing pain and swelling	Prevent further infection Assist healing Allow drainage Prevent build up	Initially post operatively packed with an alginate dressing Foam dressing (e.g., cavi care)	
	Skin grafts	Transfer of split thickness (most common) or full thickness sheets of skin from the donor site to a wound. Skin graft may be meshed to allow for drainage of exudate and expansion of the graft, or may be left as an intact sheet	Apply pressure to achieve haemostasis Immobilise to promote healing Immobilise to reduce pain	Non adherent Moist Tulle Gras Dressing impregnated with antiseptics or antibiotics, such as Bactigras Gauze Crepe bandage	<u>Kids Health Info -</u> <u>Split Skin Grafts</u>

Donor sites	An area of the body where skins is taken to cover a debrided wound caused by injury or burn. Common sites of the donor area are the thigh, flank, and buttocks	Promote healing Simple to change, with minimal disruption to new epithelium Patient comfort Increase healing rate	Alginate dressing (e.g.: Kaltastat) - not suitable for infants younger than 12 months or Aliginate Hydrocolloid (e.g.: Duoderm) Dressing choice will be dependant of surgeons preference	
Pin sites	An insertion point of a pin from and external fixator through the skin& muscle to hold the bone in a position, or to move to a new position	Prevent infection Prevent hypertrophy of skin or tissue at the pinsite Patient comfort	Synthetic fibre gauze, (Topper 8 pre cut 5 x 5cm) Foam Dressing, (Allevyn non adhesive - for femurs) Absorbent Silver Barrier Dressing, (Allevyn Ag non adhesive -for infection)	Limb Reconstruction (LR) : Post-operative management
VAD Wounds	A ventricular assist device can support the left side, right side or both sides of the heart. It is for bridging to transplantation, recovery and for patients unable to wean from cardio-pulmonary bypass	Prevent wound infection, promote healing and patient comfort.	Foam dressing (E.g., Mepilex)	
Post op Cranial surgery	An incision made through the skin and dura matter to provide visibility and access to any region of the brain.	Prevent wound infection. Improve patient comfort and encourage the healing process	Island Dressing (e.g., Primapore)	

Sternotomy	The midline vertical incision into or through the sternum to provide access to the mediastinum	Prevent wound infection, promote healing and patient comfort.	Island Dressing (e.g., Primapore)	
Thoracotomy	An incision through an intercostal space on the back. It is the common approach for operations on the lung on posterior	Prevent wound infection, promote healing and patient comfort.	Island Dressing (e.g., Primapore)	
Gastrostomy	An opening between stomach and abdominal surface either for decompression or feeding	Maintenance of skin integrity	Dressing choice will be dependent on clinical assessment and individual patient needs refer to Gastrostomy Common Problems Clinical Guideline	Gastrostomy- common problems
Tracheostomy	A surgical opening into the trachea to relieve upper airway obstruction, support mechanical ventilation or aid the removal of secretions	Maintenance of skin integrity	Dressing choice will be dependent on clinical assessment and individual patient needs A stomal therapist and/or respiratory nurse will be involved in the management of new tracheostomies	Tracheostomy Clinical Guidelines (Hospital) - Stoma Care

Stoma and fistulae	Fistula: an abnormal track can be internal or external Stoma: artificially created hole that connects an organ to the outside  Nb; Both change regularly	Skin protection and patient comfort	Product choice depends on clinical assessment including amount of exudate and position Consider Ostomy appliances, Protective skin products, Negative pressure wound therapy, Absorbent dressings and Foam dressings
Pleural drains	To drain blood, pleural fluid or evacuate air.	Prevent wound infection, promote healing and patient comfort.	Drain swabs(Topper)
Mediastinal Chest drains	Chest drains are required following cardiac surgery to drain blood around the heart.	Prevent wound infection, promote healing and patient comfort.	Drain swabs(Topper)  Nb, If leaking around tube excessive drainage observed following removal please refer to Stomal Therapy
Post operative wound drain	Surgical drains are used in a wide variety of different types of surgery. The intention is to decompress or drain fluid or air from the area of surgery. Examples include Penrose, Jackson Pratt, Redi vac, Hemovac, Mini Vac and Pig Tail Drains	Dressing applied intraoperatively remain intact until the drain is removed, with the exception of the Penrose drain which will require dressing changes to remove drainage.	Gauze Semi permeable dressing(e.g., Tegaderm)

Note: All dressing choices should be dependent on clinical assessment and individual patient needs