**Exit Site Care**

**Tenckhoff Exit Site:**

* The Tenckhoff exit site must be kept dry and clean at all times

A moist exit site creates granulomas and increases the risk of infection

* The exit site must be changed immediately after every bath or shower
* The dressing should be changed every 2-5days depending on age

More frequent changes may be necessary when infection is present

* If the exit looks moist, oozy or red notify the PD co-ordinator or nephrologist on-call immediately
* Mupirocin (bactroban) cream or medi-honey wound gel may be required
* In cases where a granulona is present silver nitrate may be required to burn the granuloma

**Bath Dressing:**

* Before the bath, coil the catheter over the existing dressing and cover with tegaderm to minimize water entry
* Bath as normal
* After the bath remove the tegaderm along with the existing dressing
* Clean with normal saline, dry and redress with supplied dressing

**Shower Dressing:**

* Secure Tenckhoff around waist with elastic or tape
* Remove dressing (before shower or under running water if preferred)
* Shower as normal with antibacterial soap
* Step out of shower and immediately dry exit site with sterile gauze
* Apply supplied dressing and secure Tenckhoff as desired



**Palmolive Antibacterial Soft Wash**

Sold as a hand wash not body wash

Preferred soap option for Shower dressing

Use when not waterproofing dressing prior to bathing

Never refill pump bottle due to infection control