Home safety and injury prevention

Choking prevention



- Be aware of foods that can choke children, such as lollies, popcorn, apple, meat and nuts.
- Objects smaller than a D-size battery can choke children under 3 years.
- Encourage children to sit calmly and enjoy an unhurried meal. Supervise young children at all meal times.
- Check toys regularly for any small loose parts.
- Button batteries are especially dangerous. If you think your child has swallowed a button battery, head straight to an Emergency Department. Do not induce vomiting.



