# Be sweet to infants up to 18 months Sucrose equals short term comfort/pain relief

#### When should sucrose be used

- For painful/distressing procedures and tests
- · Not appropriate for ongoing comforting of upset babies

#### How does sucrose work best

- · Only works if given orally (not via NGT or PEG)
- · Sucrose concentration may vary, give in small increments

#### Who can give and sign for sucrose

 All Nursing & Medical Staff/Allied Health/ Technicians/Pathologists

#### Where to record

- Inpatient Record in the as required "prn" section of the Medicine Chart (MR690/A)
- Outpatient Record in a log book or the patient notes
  (Patient name, DOB, procedure, amount of oral sucrose)

#### **Storage**

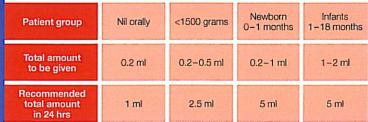
- Bottled sucrose 33% stored in fridge, use within one month –
  RCH pharmacy supplied
- Pre-packaged sucrose products, expires in 2 years, stored at room temperature



### How to give sucrose

- · Prepare recommended amount to be given (see table)
- Give approximately ¼ of the total amount of sucrose
  2 minutes prior to the start of the procedure
- Give small amounts at the start and throughout the test or procedure
- The effect lasts 5-8 minutes
- Total amount to be given in 24 hours (see table)

## How much to give





## What else helps

- Sucking breast feeding/dummy if used
- Positioning & parental contact swaddling, holding and cuddling. Upright positions for infants >6 months
- Distraction Older infants; sight/sound toys, bubbles or singing



