

Hypoglycemia confirmed

Diabetes

Yes

No

See Flowchart
for diabetic
patients

Take Critical blood
samples if possible
(6ml of blood)

Patient is
conscious, able to
tolerate oral
intake

Yes

Trial of oral
carbohydrates

Examples
Begin with:
• 125-200 ml ordinary soft drink or
diluted cordial
or
• 2-3 teaspoons of sugar.

Follow up within 15-20 mins (equivalent
to 15 gm carbohydrate or 1 exchange):
• 1 slice of bread.
or
• 1 banana or apple.
or
• 1 glass of milk (300 ml).

Glucose still < 2.6
mmol/L in 15 - 20
mins

No

IV access
available /easy
to get

Yes

Give IV bolus
of 2-5 ml/kg
of 10% Dext
(rate: 2-3
ml/min)

No

Give Glucagon IM
< 25 kg or < 8 y/o
give $\frac{1}{2}$ vial (0.5
Unit)
> 25 kg or > 8 y/o
give full vial (1
Unit)

Glucose still < 2.6
mmol/L in 15 - 20
mins or not
recovery of
mental status