



## CAP REFERRAL FORM

Please fax Referral Form to (03) 9345-6231

Client details / Bradma label

Date: \_\_\_\_\_

Name: \_\_\_\_\_

Address: \_\_\_\_\_

Phone No: \_\_\_\_\_ or \_\_\_\_\_

DOB: \_\_\_\_\_ Sex: Male  Female

Contact Details Consent to Contact  Yes  No

Name of contact person/ parent: \_\_\_\_\_ Relationship to child: \_\_\_\_\_

Phone no: \_\_\_\_\_ Mobile: \_\_\_\_\_

Interpreter required? Yes  No  Language \_\_\_\_\_

Referring Health Professional

Name: \_\_\_\_\_

Address: \_\_\_\_\_

Phone No: \_\_\_\_\_

Client history/medication/triggers:

Visit to Emergency for asthma within last 12months

Reliever Medication:

Type: \_\_\_\_\_ Dose: \_\_\_\_\_ Frequency of use: \_\_\_\_\_

Preventer medication: Type: \_\_\_\_\_ Dose: \_\_\_\_\_

**Additional Information** (eg. pHx, social issues, educational needs, asthma severity)

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

\*\*\* Priority can be given to high risk cases. Please provide comments above to support why this patient may need more urgent attention.

**\* Please attach a Written Asthma Action Plan if available \***

See reverse side for more information →

## What is CAP?

The Community Asthma Program (CAP) is a Hospital Admission Risk Program (HARP) funded by DHS. CAP provides FREE asthma education, support and management for young people (0-18years) and their family.

Evidence and research suggests that young people in this program have better health outcomes including:

Decrease in;

- Asthma severity
- Trips to emergency and fewer hospital admissions

Increase in;

- Asthma control
- Better quality of life

### Strategy:

The Community Asthma Program aims to provide asthma self-management support and education to children with chronic asthma and/or complex needs and their families in a way that is convenient and individualised (home-based, face-to-face) as well as flexible and holistic (using community / family / GP partnerships).

An Educator sees the child and family at least 3 times. Visits will include an initial assessment, education session and a six month review. **OR**

Group sessions allow the family to attend education sessions with other families.

### Eligibility:

- All children will be assessed under an eligibility criteria
- The child **must** live within the municipalities of Darebin, Moreland, Hume, Moonee Valley/ Melbourne, Whittlesea, Maribyrnong, Hobsons Bay, Wyndham, Brimbank, Yarra, Banyule, Nillumbik, Boorondara, Richmond, Port Phillip or Stonnington

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Classification of the pattern of paediatric asthma

<b>Classification of Pattern</b>	<b>Common Features</b>
<b>Infrequent Episodic</b>	Episodes 6-8 weeks apart or more Attacks usually not severe Symptoms rare between attacks Normal examination and lung function between episodes
<b>Frequent Episodic</b>	Attacks <6 weeks apart Attacks more troublesome Increasing symptoms between attacks Normal examination and lung function between episodes
<b>Persistent</b>	Daytime symptoms >2 days/week Nocturnal symptoms >1 night/week Attacks <6 weeks apart May have abnormal lung function Multiple ED visits or hospital admissions

RCH Best Practice Guidelines

[www.rch.unimelb.edu.au/intranet/genmed/asthmabestpractice.htm](http://www.rch.unimelb.edu.au/intranet/genmed/asthmabestpractice.htm)

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### **Asthma Cycle of Care (e.g. MBS Item 2546)**

CAP can assist GPs to complete and claim this item – we provide patient education, assist with device use and make suggestions about content in an action plan

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For more information, please contact CAP on 9345-5295

Kids Health information available on RCH internet:

<http://www.rch.org.au/kidsinfo/factsheets.cfm?tabnav=a>