



The Royal Children's Hospital Melbourne



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PRESENTS 2 ONE DAY SEMINARS:

ANXIETY IN CHILDREN Thursday 30th July 2009

ANXIETY IN CHILDREN

Thursday 30th July 2009

All day seminar 8.30am – 4.45pm

Venue: Royal Children's Hospital
Ella Latham Theatre
1st Floor. Main Building

Cost: **Full:**
- \$180.00 per seminar *OR* \$350.00 for both seminars
Discounted:
- RCH/MCRI Staff: \$100 per seminar
- Full-time students: \$50 per seminar (limited places)

PD Points: For Psychologists: This event is APS Endorsed for 7 PD Points (Generalist, College of Clinical Psychologists, or College of Educational and Developmental Psychologists)

AUTISM SPECTRUM DISORDERS Friday 31st July 2009

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All day seminar 8.45am – 4.30pm

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Associate Professor Jennifer Hudson

Keynote address: Anxiety Disorders in Children: Aetiology, Assessment and Treatment

Associate Professor Jennifer Hudson is a research fellow at the Centre for Emotional Health in the Department of Psychology, Macquarie University, Sydney, Australia. In 2008, she commenced a QEII fellowship funded by the Australian Research Council at Macquarie University. Her research has been funded by the Australian Research Council, National Health and Medical Research Council, the National Institute of Mental Health (United States) and Macquarie University. Associate Professor Hudson received her Ph.D. in clinical psychology from Macquarie University and completed a 2-year post-doctoral fellowship at the Child and Adolescent Anxiety Disorders Clinic, Temple University, Philadelphia under the supervision of Professor Philip Kendall. Her research focuses on anxiety disorders in children and adolescents, specifically the role of parents in the aetiology of anxiety disorders in youth and the treatment of internalizing disorders using cognitive behavioural and cognitive behavioural family therapies. Assoc. Prof. Hudson has published her research in international journals. She has co-authored a book 'Treating anxious children: An evidence-based approach' (2000) and edited a book "Psychopathology and the Family" (2006). She is also currently an Associate Editor of the Journal of Child and Adolescent Clinical Psychology. In recognition of her achievements as an early career researcher, Assoc. Prof. Hudson has received awards from a number of organisations including the Australian Psychological Society, Anxiety Disorders Association of America, The Australian Association of Cognitive Behaviour Therapy and The Australian Institute of Political Sciences.

Dr Jordana Bayer

Early Prevention of Anxiety in Children

Dr. Jordana Bayer is a postdoctoral research fellow (Centre for Community Child Health, Murdoch Children's Research Institute) and honorary fellow (Department of Paediatrics, The University of Melbourne). Her career goal is primary prevention for children's mental health. She first trained as a clinical psychologist and then worked clinically with children and families facing abuse and neglect. Her subsequent PhD was an intensive longitudinal community study on early childhood aetiology of internalising problems. She is now building a research career in the areas of a) randomised prevention trials, b) longitudinal aetiology studies, and c) early screening tools for community settings. In 2007-09 Dr. Bayer was awarded an Australian Rotary Health Postdoctoral Fellowship in Mental Illness. She has been a CI on 11 awarded research grants (PI for 5). Dr. Bayer currently supervises two doctoral students and is an invited lecturer for The University of Melbourne's Clinical Child Psychology program.

Dr Sarah Ford

Helping School Refusers Return to School: A Child and Parent CBT Treatment Program

Dr. Sarah Ford is a Child and Family Psychologist who has a Doctoral degree in Clinical Psychology and has worked in the private and public mental health sectors. She was recently a clinician in Monash University's School Refusal Program, where she worked with children, parents and schools to achieve school return. Dr. Ford is currently a clinician on the Inner West Community Team within the RCH Integrated Mental Health Program.

Dr Rowena Conroy

Posttraumatic Stress Reactions in Children and Adolescents: Assessment and Treatment Approaches

Dr. Rowena Conroy is a Senior Clinical Psychologist at the Royal Children's Hospital, Melbourne, and lectures in The University of Melbourne's postgraduate Child Clinical Psychology program. Dr. Conroy completed a PhD at the University of NSW, examining trauma memories and posttraumatic stress reactions in children and adolescents. She undertook a postdoctoral fellowship at The Children's Hospital of Philadelphia, examining posttraumatic stress in childhood cancer survivors and their families. Dr. Conroy has clinical experience treating trauma survivors in centres nationally and internationally, including the Traumatic Stress Clinic at Westmead Hospital, Sydney, The Children's Hospital of Philadelphia, and the Royal Children's Hospital, Melbourne. Dr. Conroy has recently been involved in a program to improve the dissemination of evidence-informed psychological treatments for survivors of the Victorian Bushfires.

Dr Catherine Mollica

Treating Anxiety Problems in a Community Mental Health Setting

Dr. Catherine Mollica is a Senior Clinical Psychologist who works in a community clinic within the RCH Integrated Mental Health Program. Dr. Mollica completed a Doctoral degree in Clinical Child, Adolescent and Family Psychology at LaTrobe University. She has experience within a variety of CAMHS settings and has worked with the RCH Integrated Mental Health Program for over five years. Dr. Mollica has an interest in the assessment and treatment of Affective, Anxiety and Autism Spectrum Disorders. She has a particular interest in Cognitive Behavioural Therapy.

Presenters: Associate Professor Cheryl Dissanayake, Professor Margot Prior, Ms Val Gill and Dr Natasha Brown

Associate Professor Cheryl Dissanayake

Assoc. Prof Cheryl Dissanayake is Founder and Director of the Olga Tennison Autism Research Centre in the in the School of Psychological Science at La Trobe University. This is the first research facility in Australia dedicated to Autism Spectrum Disorders. Prof. Dissanayake is a developmental psychologist, and has been an autism researcher since 1984. She serves on the Professional Panel of Autism Victoria, and is co-founder and convenor of one of its reference groups, the Autism Spectrum Disorder Research Group.

Prof. Dissanayake will begin her presentation with an overview of current directions in autism research at the Olga Tennison Autism Research Centre. She will then discuss the need to improve our ability to detect autism in infancy.

Although to date no primary level instrument has proved sufficiently robust to recommend universal screening for autism, it will be argued that the problem lies in the approach of using a one-off screen at a given age. A developmental surveillance approach, where infants are monitored regularly throughout their first two years for the development of early social attention and communication behaviours by primary health care professionals will be recommended. A large community based study in Melbourne using this approach undertaken at our Centre has resulted in an 81% ascertainment rate for an ASD, with the remaining children (with one exception) either having a developmental and/or language delay. The need for education on the early signs of autism of primary care professionals will be emphasized, as the value of early identification and intervention cannot be underestimated.

Professor Margot Prior

Prof Margot Prior has been working in the field of autism for more than 30 years as a researcher and clinician. She is currently Patron of Autism Victoria and Chair of the Board of the Olga Tennison Autism Research Centre at LaTrobe University. In 2005, with Dr Jacqueline Roberts, she was asked by the Federal Government to review the research into treatments for autism and to prepare guidelines for early intervention for autism for Australia. These were published in 2006, are now widely adopted, and have been influential in the setting up of new services and supports for families with children with autism. Prof. Prior will provide a summary of the latest research on early intervention and an overview of current best practice in treatment for young children.

Prof. Prior was the Professor of Psychology at the Royal Children's Hospital and the University of Melbourne between 1994 to 2002 and still holds an emeritus chair at the University of Melbourne.

Val Gill

Val Gill is currently the Principal of Western Autistic School (WAS) and CEO of the Autism Teaching Institute (ATI). Val began her teaching career as a primary and kindergarten teacher and is now a recognised expert in the field of special education and Autism Spectrum Disorder (ASD). She has been a leader at WAS from its small beginnings as a 6 student program operating out of an old church hall, to the present day internationally recognised multi campus Centre of Excellence, 'best practice' school and training centre. Val initiated and led the establishment of the ATI in 2005 which delivers Australia's first nationally accredited teacher training courses in teaching students with an ASD at the vocational graduate level. Val has published internationally and has presented at national and international conferences. She is a consultant to Government Departments at a national level on issues related to the education of students with an ASD. Val received the Outstanding School Leadership Award at the Victorian Education Excellence Awards in 2006. She received a Public Service Medal in the Queen's Birthday 2007 Honours for her services in the field of ASD. She is an accredited mentor with the Australian Principals' Centre and is an active participant in leadership development across the education sector.

Dr Natasha Brown

Dr Natasha Brown is a paediatrician whose primary interest is in developmental disability. She is currently undertaking a PhD through the University of Melbourne in the clinical genetics of autism spectrum disorder and the broader autism phenotype. This forms part of the Collaborative Autism Study, a large project that aims to identify causative genes for autism spectrum disorder by studying large families with multiple affected relatives.

Dr Brown will provide an overview of the aetiology of autism spectrum disorder with a focus on recent genetic discoveries.

ANXIETY IN CHILDREN

Thursday 30th July 2009

8.30am – 9.00am Registration

MORNING SESSION:

9.00am Welcome by Chairperson Senior Clinical Psychologist Kathleen Allen

9.05am – 10.30am Keynote Address

Associate Professor Jennifer Hudson
Anxiety Disorders in Children: Aetiology, Assessment and Treatment

10.30am – 11.00am morning tea

11.00am – 12.00pm

Dr Jordana Bayer
Early Prevention of Anxiety in Children

12.00pm – 12.45pm

Dr Sarah Ford
Helping School Refusers Return to School: A Child and Parent CBT Treatment Program

12.45pm – 1.30pm lunch

AFTERNOON SESSION: Chairperson Senior Clinical Psychologist Dr Lesley Bretherton

1.30pm – 2.30pm

Dr Rowena Conroy: Post-traumatic Stress Reactions in Children & Adolescents: Assessment and Treatment Approaches

2.30pm – 3.15pm

Dr Catherine Mollica: Treating Anxiety Problems in a Community Mental Health Setting: Clinical Case Studies with Panel Discussion

3.15pm – 3.45pm afternoon tea

3.45pm – 4.45pm

Audience Q & A and Panel Discussion

Associate Professor Jennifer Hudson
Dr Jordana Bayer
Dr Sarah Ford
Dr Rowena Conroy
Dr Catherine Mollica

AUTISM SPECTRUM DISORDERS

Friday 31st July 2009

8.45am – 9.10am Registration

MORNING SESSION:

9.10am Welcome by Chairperson Associate Professor Elisabeth Northam

9.15am – 10.00am

Associate Professor Cheryl Dissanayake: Overview, new insights, current controversies and future direction in autism

10.00am – 10.45am

Professor Margot Prior: Early intervention with ASD

10.45 am – 11.00am morning tea

11.00am – 12.00pm

Ms Val Gill: Intervention and management of the school-aged child

12.00pm – 12.30pm

Dr Natasha Brown: Genetics of Autism

12.30pm – 1.15pm lunch

AFTERNOON SESSION: Chairperson Associate Professor Elisabeth Northam

1.15pm – 4.00pm Case presentations with panel discussion

Prof. Cheryl Dissanayake
Prof. Margot Prior
Ms Val Gill
Dr Natasha Brown

2.45pm – 3.00pm afternoon tea

4.00pm – 4.30pm Concluding thoughts

REGISTRATION FORM

(Please note invoices will not be issued and payment must be made before attending)

Your Name: _____

Organisation: _____

Phone: _____

Email: _____

(Please print clearly – a confirmation email will be sent)

Please tick seminar you will attend

Anxiety in Children

Autism Spectrum Disorders

Both

Registrations Close Friday 24 July 2009

There is limited parking available on site at a cost of \$20.00

PAYMENT SECTION

Total \$ _____

I enclose a cheque/money order payable to Murdoch Children's Research Institute

Credit card payment option

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Please complete all of the above and mail to:

Psychology Department, South East Building, Royal Children's Hospital, 50 Flemington Road, Parkville, VIC, 3052 **OR Fax to** (03) 9345 5544

These prices are GST inclusive. For tax compliant purposes please retain a copy of this brochure (this becomes a Tax Invoice when paid).

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