



CAP REFERRAL FORM

Please fax Referral Form to (03) 9345-6231

Client details / Bradma label

Date: _____

Name: _____

Address: _____

Phone No: _____ or _____

DOB: _____ Sex: Male Female

Contact Details Consent to Contact Yes No

Name of contact person/ parent: _____ Relationship to child: _____

Phone no: _____ Mobile: _____

Interpreter required? Yes No Language _____

Referring Health Professional

Name: _____

Address: _____

Phone No: _____

Client history/medication/triggers:

Visit to Emergency for asthma within last 12months

Reliever Medication:

Type: _____ Dose: _____ Frequency of use: _____

Preventer medication: Type: _____ Dose: _____

Additional Information (eg. pHx, social issues, educational needs, asthma severity)

*** Priority can be given to high risk cases. Please provide comments above to support why this patient may need more urgent attention.

*** Please attach a Written Asthma Action Plan if available ***

See reverse side for more information →

What is CAP?

The Community Asthma Program (CAP) is a Hospital Admission Risk Program (HARP) funded by DHS. CAP provides FREE asthma education, support and management for young people (0-18years) and their family.

Evidence and research suggests that young people in this program have better health outcomes including:

- | | |
|---|--|
| Decrease in; | Increase in; |
| <ul style="list-style-type: none"> • Asthma severity • Trips to emergency and fewer hospital admissions | <ul style="list-style-type: none"> • Asthma control • Better quality of life |

Strategy:

The Community Asthma Program aims to provide asthma self-management support and education to children with chronic asthma and/or complex needs and their families in a way that is convenient and individualised (home-based, face-to-face) as well as flexible and holistic (using community / family / GP partnerships).

An Educator sees the child and family at least 3 times. Visits will include an initial assessment, education session and a six month review. **OR**

Group sessions allow the family to attend education sessions with other families.

Eligibility:

- All children will be assessed under an eligibility criteria
- The child **must** live within postcodes 3000 – 3099 or municipalities of Darebin, Moreland, Hume, Moonee Valley/ Melbourne, Whittlesea, Maribyrnong, Hobsons Bay , Wyndham, Brimbank, Yarra, Banyule, Nillumbik, Boorondara, Richmond, Port Phillip or Stonnington

Classification of the pattern of paediatric asthma

Classification of Pattern	Common Features
Infrequent Episodic	Episodes 6-8 weeks apart or more Attacks usually not severe Symptoms rare between attacks Normal examination and lung function between episodes
Frequent Episodic	Attacks <6 weeks apart Attacks more troublesome Increasing symptoms between attacks Normal examination and lung function between episodes
Persistent	Daytime symptoms >2 days/week Nocturnal symptoms >1 night/week Attacks <6 weeks apart May have abnormal lung function Multiple ED visits or hospital admissions

RCH Best Practice Guidelines

www.rch.unimelb.edu.au/intranet/genmed/asthmabestpractice.htm

Asthma Cycle of Care (e.g. MBS Item 2546)

CAP can assist GPs to complete and claim this item – we provide patient education, assist with device use and make suggestions about content in an action plan

For more information, please contact CAP on 9345-5295

Kids Health information available on RCH internet:

<http://www.rch.org.au/kidsinfo/factsheets.cfm?tabnav=a>