

Everyone is welcome
to call and discuss
issues without making
a referral.

>1800 44 55 11



Child, Adolescent and family Mental Health Services

Metropolitan Catchment Areas

Western & North Western Region

RCH MHS Intake

50 Flemington Street,
Flemington, 3031
PH 1 800 44 55 11
Fax 9345 6010

Inner Eastern

Alfred CAMHS
PH 85520555 Fax 9532 5631

North Eastern Region

Austin CAMHS
PH 9496 3653 Fax 9496 3653

Outer Eastern Region

Eastern Health CAMHS
PH: 9870 9788 Fax 9870 7973
South Eastern Region

Southern Health

Monash Medical Centre
PH 9594 1300 Fax 9594 6333

Orygen

For Young people aged
15 –24 in the Western Metropolitan Region,
contact Orygen Youth Health on: 1800 888 320

Statewide

Bouverie Family Centre
PH 9376 9844 Fax 9376 9890



Intake >

1800 44 55 11



> What is intake?

Intake provides a single contact point to RCH MHS for all Mental Health outpatient referrals and enquiries.

To contact Intake phone

1800 44 55 11

Intake operates from 9.00am – 5.00pm, Monday to Friday, and is staffed by a team of professional Mental Health Intake workers.

What does Intake offer?

- Consultation about potential referrals.
- Consultation about children and young people and their psychological and social development.
- Information about the most appropriate service for your needs.
- Information about how to access groups and inpatient programs.
- If appropriate an initial appointment with a mental health clinician.
- Crisis assessment.
- Secondary consultations.
- Case conferences.
- Information about other child and/or adolescent mental health services.

> Who can be referred to the RCH Mental Health Service outpatient teams?

Children and adolescents aged 0 – 15 living in Western/Northern West region who have:

Severe psychological symptoms

Hallucinations, delusions, seeming to be out of touch with reality, paranoia, habitual or obsessive behaviour.

Behavioural problems

School refusal, poor self-control, tantrums, behaviour dangerous to themselves or others, lying, stealing, aggressive behaviour.

Persistent emotional problems

Severe stress reactions, anxiety, depression, suicidal thoughts

Relationship problems

Significant social withdrawal, family conflict, poor peer relationships.

Developmental problems

Poor social skills, learning difficulties, attention and/or concentration difficulties, unusual play behaviours.

General health and well being problems

Eating disorders, severely disturbed sleeping patterns, poor self care, self injury, physical symptoms caused by emotional distress.

> Who can contact Intake?

- Teachers
- General practitioners
- Psychologists
- Department of Human Services
- School counsellors/SWC's
- Juvenile justice workers
- Community workers
- Paediatricians
- Other hospital professionals
- Concerned friends
- Parents and relatives

What information is needed for a referral?

(Referrers other than parents will be asked to complete a RCH MHS referral form)

- full name, date of birth, address, phone number
- parents names, contact numbers if applicable
- details about the problem
- school details, year, contact person, phone
- family members – name, age
- other professionals involved – doctors, counsellors, youth workers. contact numbers
- any recent contact with mental health workers.
- Parents consent or awareness of referral.