

What is a right?

Rights are about needs. Something is a right if people need it to help them live. A right is something that every person needs no matter who they are or where they live.

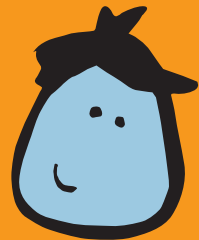
Kids have rights

As a place that works with children, we will work hard to respect all children as people with feelings and rights of their own.



Austin Health

easternhealth



Kids'
rights



When you come to see a worker here, you have the right to:

- get help to make you feel better about yourself
- be told where you are going and about the people who will be working with you
- be told what is happening to you
- feel safe
- tell people how you are feeling
- have a say in what happens to you
- make a complaint if you are not happy with the service
- be spoken to nicely
- ask questions and be answered in a way that you understand
- be asked about how things are for you
- have people be honest with you
- spend time on your own with your worker if you want to
- have someone you love or trust with you if possible
- know that your body belongs to you.

Responsibilities

For everyone to have their rights respected we all need to act in a responsible way.

Your responsibilities are to:

- respect the rights of others
- be the best person you can
- take care of yourself the best way you can
- make the best choices you can
- tell people when you are unhappy about something
- tell your worker when you don't understand something
- be honest with your parents/carers and the people working with you
- listen to what is being said to you
- try and follow suggestions made by the people working with you
- stand up for yourself and say no if you need to.