

FELLOW IN DEVELOPMENTAL-BEHAVIOURAL PAEDIATRICS / MENTAL HEALTH (DBP/MH)

This position is for trainees intending to become general paediatricians. Interested applicants will be undertaking advanced training under either the SAC in General Paediatrics or the combined SAC(with Community Child Health).

This position consists of 0.5 eft DBP shared between Centre CCH and Braybrook Community Health Centre, and 0.5 eft MH in the RCH Integrated Mental Health Program's Inner West Team.

Clinical experience DBP

Supervised clinical experience equips the trainee with knowledge and skills to provide care for children with developmental, behavioural and psychosocial problems, in the context of their family and their community. This is delivered in two settings:

Hospital: Supervised clinical experience is gained by rotation through specialist clinics at the Royal Children's Hospital in the Centre for Community Child Health. Fellows attend 2-3 clinics per week. Important links between hospitals and the community in the prevention, delivery, and research of health care are emphasised.

Community: 2 sessions per week are spent at Braybrook Community Health Centre. This setting enables the development of different perspectives on the needs of children and their families, and an understanding of the roles played by various professionals and services in delivering health, educational and social services. Fellows receive referrals from a large variety of sources but mainly from MCHNs, Early Childhood Intervention Services, school nurses, preschool teachers and day care coordinators.

Clinical experience MH

Clinical experience is gained through the assessment and management of children and young people referred to the IMHP. Initially this takes the form of assessments shared with the Consultant and other team members, after which the Fellow takes up supervised case management and treatment of a range of young people.

The Fellow can also observe specific therapies such as group therapy with young people or parents, and take part in consultations to key agencies working with children.

The Fellow participates pro-rata in the mental health on-call roster, providing telephone consultation, clinical assessment and initial management in the RCH Emergency Department and the Banksia Adolescent Unit

Research

Fellows will be expected to develop a research project within the Centre for Community Child Health.

Teaching

Fellows may be responsible for formal student teaching tutorials within the University Department of Paediatrics

Education activities DBP

This position includes a an active education/learning program:

- *Seminar Program* : This is a three-hour program held every Wednesday afternoon. It is also attended by other trainees in Community Child Health from RCH, MMC, Geelong and Shepparton. Advanced trainees from other departments and settings are also invited to attend. This critical mass ensures lively interactive intellectually stimulating sessions. The Seminar Program complements the clinical experiences by providing the theoretical background in community child health, including a broad public health perspective. Seminar sessions are held both at RCH and MMC and cover topics such as theories of child development, developmental and behavioural assessment and management of problems, chronic illness, immunisation, data systems, cultural and Koorie issues, government policy and planning. Some sessions are held in community settings to enable exposure to key community services for children eg maternal & child health, early intervention, pre-schools.
- *Journal Club* : Weekly (Thurs am)
- *Reading* : A list of recommended texts is provided at the beginning of the training year.

Education activities MH

The Fellow is encouraged to participate in the weekly Thursday morning four-hour Training Program at RCH, comprising seminars, journal club, case presentations, EBM activities and live family therapy supervision. This includes also the IMHP monthly Professional Development program conducted at the Travancore campus in Flemington.

Supervision

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| <i>RACP:</i> | This is a requirement for accreditation as a year of advanced training in paediatrics |
| <i>Hospital clinic:</i> | Supervision by the paediatrician in charge of the Clinic. |
| <i>Group:</i> | The third hour of the weekly Seminar session involves case-based group teaching by senior developmental paediatricians. An instructive case is presented either by one of the Fellows. |
| <i>Community:</i> | The Fellow has a supervisor in the community setting. Guidelines for supervision ensure a uniform way of assessing progress. |
| <i>Mental Health:</i> | The Fellow receives weekly supervision with the Team Consultant. Goals for the training period are agreed upon and reviewed during the course of the year. There are opportunities for shared clinical work with the Consultant, as well as supervision of specific therapies such as CBT. |

Individual and group supervision supports each fellow in attaining his/her goals for the training year, and provides a basis for evaluation and development of the training program using the framework of the Royal Australasian College of Physicians Professional Learning Portfolio.

Conditions are consistent with the AMA Junior Medical Staff Certified Agreement. Rates of payment for on-call and recall for the MH component of the position are available through the Junior Medical Staff Department.

SELECTION PROCESS

- Application through the Centre for Community Child Health via the Junior Medical Staff web portal.

- It is essential that the FRACP examination has been passed as this is a program designed for advanced trainees in paediatrics.
- Selection is made on the application information and personal interview. The selection panel includes the relevant program directors and the program coordinator.

Successful applicants are notified by A/Prof Jill Sewell, in liaison with The Royal Children's Hospital Junior Medical Staff Committee.

Further information: Dr Gehan Roberts, email gehan.roberts@rch.org.au, or Dr Peter Birleson, Director Integrated Mental Health Service, tel 9345 4133, mobile 0408 544 556, email peter.birleson@rch.org.au