

NIGHTS ROSTERS RCH & MMC 2009

The proposed changes to the nights roster caused significant concern to some junior staff and a number of alternative rosters were presented to the JMSD. All options were reviewed at length by the HMO coordinators and chief resident. The nights roster was discussed in detail at a number of JMSC meetings attended by senior medical staff, junior medical staff representatives and administration staff.

The nights roster for 2009 will remain as below

	MON	TUES	WED	THURS	FRI	SAT	SUN
w1	ON	ON	OFF	OFF	ON	ON	ON
w2	OFF	OFF	ON	ON	OFF	OFF	OFF

We appreciate the desire for some flexibility within the system. Therefore, trainees can rearrange the nights within the roster abiding by the following rules

- Each trainee **must** do 7 nights in the fortnight.
 - The **maximum** number of consecutive nights undertaken by an individual is 5.
 - **Any changes made cannot have an effect on the trainee's next post, including annual leave and relief**, i.e. a trainee cannot finish on a Sunday night.
 - **Both trainees need to be in total agreement** with any changes – any suggestion of coercion will be treated seriously.
 - **Both trainees need to confirm changes with Rosemary Mackintosh by the Tuesday preceding the start of the week of nights** so relevant parties can be notified.
- Please note that any changes will disrupt the synchronicity of the rosters and have a detrimental effect on the notion of night teams.

In the first 6 months of 2009 I will be asking for feedback on this new roster and reviewing the changes that trainees chose to make.

Changes to the basic nights roster may subsequently be made for the second 6 months but more likely will be incorporated into the 2010 roster.

The JMSD continues to welcome nights rostering suggestions that are fair, promote staff and patient safety and work within a complex, larger roster.

Fiona Brown
HMO coordinator
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