

Festival for Healthy Living
Student questionnaire

In each box, write any words or ideas that help you answer the question or finish the sentence.

1. What is health?



2. What is mental health?



3. We can be more mentally healthy if we...



4. If we are feeling down, we can get help by...



5. I have heard about the Festival for Healthy Living

Tick Yes or No

6. I think the Festival for Healthy Living is about...