

Festival for Healthy Living
Student questionnaire

In each box, write any words or ideas that help you answer the question or finish the sentence.

1. What is health?



2. What is mental health?



3. We can be more mentally healthy if we...



4. If we are feeling down, we can get help by...



5. I have heard about the Festival for Healthy Living

Tick Yes or No

6. I think the Festival for Healthy Living is about...

The Festival for Healthy Living... How did it go?

1. What did you do in the Festival?

Tick all the things you did.

- | | |
|---|---|
| <input type="checkbox"/> Helped make up the story | <input type="checkbox"/> Performed on stage |
| <input type="checkbox"/> Helped backstage eg lighting | <input type="checkbox"/> Was in the audience |
| <input type="checkbox"/> Made artwork | <input type="checkbox"/> Made costumes or props |
- Anything else you did?
-

2. How did you enjoy being part of the Festival?

Circle the one which most shows how you felt about it.



Loved it



Didn't love it but didn't hate it



Hated it

3. What was one thing you really liked?

4. What was one thing you really *didn't* like?

5. Did any of these things happen for you during the Festival?

Tick as many as you like

- | | |
|--|--|
| <input type="checkbox"/> Tried something new | <input type="checkbox"/> Developed my confidence |
| <input type="checkbox"/> Felt happy | <input type="checkbox"/> Learnt new things |
| <input type="checkbox"/> Learnt about other people | <input type="checkbox"/> Learnt about mental health |
| <input type="checkbox"/> Felt proud of myself | <input type="checkbox"/> Made new friends |
| <input type="checkbox"/> Took a risk and survived | <input type="checkbox"/> Had fun |
| <input type="checkbox"/> Got on better with teachers | <input type="checkbox"/> Enjoyed working in a group |
| <input type="checkbox"/> Helped other people | <input type="checkbox"/> Got on better with my friends |
| <input type="checkbox"/> Made good/interesting artwork
or performance | |

6. Would you do this again if you had the chance? Yes No

7. How could we make the Festival better next year?