

# Preparation for CT procedures

Educational Play Therapy offers play preparation sessions for families who have an appointment for a CT scan.

This service helps families learn more about the CT procedure, and gives you the opportunity to share information about your child. You'll discover ideas that can help your child feel more comfortable with the procedure and the environment in which it takes place.

If you would like your child to have a play preparation session, we recommend it takes place:

- up to 5 days prior to the procedure for 3 to 5-year-old children
- 7 to 10 days prior for children 6 years and older.

Play preparation sessions are offered at various times from Monday to Friday. The sessions last between 20 minutes to an hour, depending on your child's requirements. All children, including those with additional needs, can benefit. Further sessions are available if required.

Alternatively you can view the procedure online at [www.rch.org.au/ept](http://www.rch.org.au/ept) and select the Procedure Guides tab.

## Session booking

If you are interested in this valuable service for you and your child, please contact Educational Play Therapy on **(03) 9345 5424** to make an appointment.

## Educational Play Therapy

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