



## **Eating Disorders Seminar Program 2009**

The Victorian Centre of Excellence in Eating Disorders (CEED)  
proudly presents:

# **Eating Disorders & Obesity: What is the Common Ground?**

**Presented by:** **Dr Leah Brennan**  
**Lecturer, Department of Psychology, Psychiatry and  
Psychological Medicine, Monash University**

Despite high co-morbidity and numerous commonalities, obesity and eating disorders are rarely considered together. They are typically explored separately in the literature and generally treated in separate services. There is a great opportunity for learnings from each to inform the other to increase our understanding of these conditions and improve patient outcomes. This seminar will briefly review examples of overlap in the obesity and eating disorders literature. A number of case studies will be discussed demonstrating the negative impacts of a lack of integration in current services. It will also explore opportunities for further integration with a particular focus on the overlap between obesity and binge eating disorder.

Dr Leah Brennan is a clinical and health psychologist with a particular interest in the application of psychological approaches to understand, prevent and treat obesity and disordered eating (including eating disorders) in children, adolescents and adults. She is passionate about the development, evaluation and dissemination of evidence-based interventions for the treatment of obesity, disordered eating and eating disorders in 'real-world' settings. Leah has worked in a range of clinical, research, policy and educational roles. Leah has worked in an multidisciplinary outpatient clinic for morbidly obese adults, and an inpatient for patients with severe eating disorders.

**Date:** **Thursday 10 December, 2009, 8.30am – 11.00am**

**Venue:** NARI Seminar Room  
Building 9  
RMH – **Royal Park Campus**  
34 – 54 Poplar Rd, Parkville 3052

**Target Audience:** Priority will be given to Eating Disorder Coordinators and other clinicians of public mental health services.

**Cost:** FREE – light breakfast (at 8.30am – 9.00am) and morning tea provided

**Applications close: 1 December, 2009**

Places are limited. To apply for this seminar, please complete and forward by fax the attached application form. After application, if you are unable to attend, please notify CEED on (03) 8387 2673

**Fax: (03) 8387 2667**

**For further information contact:** **Michelle Roberton**  
**Ph: (03) 8387 2669**  
[michelle.roberton@mh.org.au](mailto:michelle.roberton@mh.org.au)



## Eating Disorders Seminar Program 2009

### Application form

Topic: ***“Eating Disorders & Obesity: What is the Common Ground”***

Date: 10 December, 2009

Please complete your details and fax, email or post to:

The Victorian Centre of Excellence in Eating Disorders (CEED)  
C/- Post Office, Royal Melbourne Hospital, Vic 3050  
Fax: (03) 8387 2667 Email: ceed@mh.org.au

**Application Closes: 1 December, 2009**

Name (please print): .....

Position: .....Phone: .....

Postal Address (Work): .....

.....Email: .....

**Organisation/AMHS: (Select 1 only)**

- Barwon
- Eastern Metro
- Gippsland
- Glenelg / South West Rural
- Goulburn & Southern (Shepparton)
- Grampians (Ballarat)
- Inner South East (Alfred)
- Inner Urban East (St Vincent's)
- Inner West (Moonee Ponds)
- Loddon Campaspe (Bendigo)
- Mid West (Sunshine)
- North East Metro
- North East Hume (Wangaratta-Wodonga)
- Northern Metro
- Northern Mallee (Mildura)
- North West Metro
- Orygen Youth Health
- North West Metro CAMHS (RCH)
- Peninsula (Frankston)
- Southern (Monash)
- South West Metro (Werribee Mercy)

**If AMHS worker:  
Program/Department/Team:  
(Select 1 only)**

- Adult Acute in pt
- Aged in pt
- APATT
- CAMHS – community
- CAMHS- in pt
- CAMHS – community & in pt
- CATT & Triage
- CCT
- CCU
- HOPS
- MST
- PMHT
- Specialist Eating Disorder Service
- Spectrum
- Dual Diagnosis Service
- Dual Disability
- CATT, Triage & CCT
- Executive/Operations Management
- Other \_\_\_\_\_

**Professional Group/Discipline:  
(Select 1 only)**

- A & D Worker
- Community Service Worker
- Consumer / Carer Advocate
- Management
- Medical Officer
- Dietitian
- Family Therapist
- Nurse:  Div 1  
 Div 2  
 Div 3
- Occupational Therapist
- Psychiatrist
- Psychologist
- Registrar:  Psychiatry  
 Paediatrics  
 other
- Social Worker
- Paediatrician
- General Practitioner
- Other \_\_\_\_\_

**Other Organisation:**

If “Other Organisation” please tick a box below and write:

**Program/Organisation Name:** \_\_\_\_\_

- Paediatric acute medicine
- Adult acute medicine
- Community health
- Primary care
- Private practitioner / service
- Headspace
- PDRSS
- Other \_\_\_\_\_

EDC's Only: I will / will not be attending the EDC Meeting following this Seminar

Please let us know if you have any special dietary or other requirements: \_\_\_\_\_

**PLEASE REMEMBER:**

You are NOT registered for this workshop until you receive a confirmation email at close of application date. If you do not receive a confirmation please call Amira Campana on (03) 8387 2673 or email amira.campana@mh.org.au